SHRI GURU RAM RAI UNIVERSITY

[Estd. by Govt. of Uttarakhand, vide Shri Guru Ram Rai University Act no. 03 of 2017 & recognized by UGC u/s (2f) of UGC Act 1956]

SYLLABUS

FOR

MASTER OF ARTS

UNDER CBCS/ECS PATTERN

DEPARTMENT OF PSYCHOLOGY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

(w.e.f. 2023-2024)

Shri Guru Ram Rai University Patel Nagar, Dehradun, Uttarakhand-248001

MASTER OF PSYCHOLOGY

OUTCOME BASED EDUCATION

Programme outcome (Pos)

Students will be able to:

PO 1	**Disciplinary knowledge**: The students acquire knowledge and understanding in the field of social sciences, literature and humanities through facts, theories and fundamental concepts. It will enhance the global as well as regional knowledge.
PO2	**Critical Thinking and Problem Solving:** The students will develop critical and analytical skills to identify and analysis social issues and problems and suggest improvements for better result. It provides a multi-disciplinary and inter-disciplinary perspective to the students and enables them to analysis and critique the existing policies and explore innovative solutions.
PO3	**Investigations:** The students will analyse and evaluate data on the basis of empirical evidence and critically evaluate practices, policies and theories following scientific approach of Investigations.
PO4	**Team Learning:** The students will learn independent individual learning and collaborative team learning through practical sessions that provide opportunities to interact with industry and gain hands-on experience
PO5	**Communication Skills**: The students will develop various communication and presentation skills which will help in expressing ideas and views clearly and effectively with the community and society at large.
PO6	**Professionalism:** The students will be confident and equipped with the skills that will promote self-management, employability, entrepreneurship, professional integrity and leadership needed in a global workplace.
PO7	**Ethics**: The students will learn values and ethics and an ability to apply these with a sense of responsibility within the workplace and community which will transform them as responsible citizens.
PO8	**Environment and Sustainable Development**: The students will be able to impart solutions in societal and environmental contexts, and demonstrate the knowledge and need for sustainable development.
PO9	**Lifelong Learning:** The students will have the ability to develop confidence for self-education and ability for lifelong learning. The program will empower to appear for various competitive examinations and to work independently adapting to changing trades, technology and demands of work place through knowledge and skill development.
PO10	**Projects and Management:** The students will develop the ability to formulate problems and projects and to plan a process for solution taking advantage of diverse technical knowledge and skills. They can use the modern tools, techniques, skills and management principles to manage projects in multidisciplinary environments.
PO11	**Engineer and Society:** The students will apply reasoning and contextual knowledge to assess societal and cultural issues and the consequent responsibilities towards human, society and social institutions.
PO12	**Design/Development of solutions:** The students will be able to come up with solutions for complex social problems and design social components or processes that meet the specified needs with appropriate considerations for the public health, safety, cultural, societal and environment considerations.

Program Specific Outcome (PSOs)

PSO 1	Enhance the understanding of psychology's fundamentals and apply psychological concepts and theories to real-world issues.
PSO2	Develop a strong practical-oriented theoretical foundation with recent developments in psychology
PSO3	Extension of the knowledge base into the realm of practise with the goal of fostering a positive interface between academics and society.
PSO4	Enabling students to approach the programme with a creative, scientific, and moral perspective that integrates conceptual repertoire and research techniques from both quantitative and qualitative traditions

Eligibility for admission:

Any candidate who has passed B.A./ B.Sc. in Psychology from UGC recognized University/ Institute with not less than 40% /45% marks in aggregate is eligible for admission.. However, SC/ST, OBC and other eligible communities shall be given relaxation as per University rules.

Duration of the Programme: 2 years

Program Specific Outcome (PSOs)

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Eligibility for admission:

Any candidate who has passed B.A./ B.Sc. in Psychology from UGC recognized University/ Institute with not less than 40% /45% marks in aggregate is eligible for admission.. However, SC/ST, OBC and other eligible communities shall be given relaxation as per University rules.

Duration of the Programme: 2 years

STUDY & EVALUATION SCHEME
Choice Based Credit System /ECS
Master of Arts

First Semester

S. No.	Course Category	Course Code	Course Name	Periods				Evaluation scheme		Subject Total
				L	T	P	C	Sessional (Internal)	External (ESE)	
Theory										
1	Core	MPYC101	Cognitive Psychology	3	0	0	3	40	60	100
2	Core	MPYC102	Theories of Personality	3	0	0	3	40	60	100
3	Core	MPYC103	Research Methodology and Design	3	0	0	3	40	60	100
4	Core	MPYC104	Psychological Statistics -I	3	0	0	3	40	60	100
5	Core	MPYC105	Physiological Psychology	3	0	0	3	40	60	100
Practical										
1	Psychology Lab	MPYL106	Psychology Practical	0	0	6	3	40 (Practical Record)	60 (Practical Conduction + Viva voce	100
2.	Seminar	MPYP107	Seminar	0	0	4	2	40	60	100
			Total	15	00	10	20	280	420	700

L – Lecture, T – Tutorial, P – Practical, C – Credit

Second Semester

S. No.	Course Category	Course Code	Course Name	Periods				Evaluation scheme		Subject Total
				L	T	P	C	Sessional (Internal)	External (ESE)	
Theory										
1	Core	MPYC201	Advanced Social Psychology	3	0	0	3	40	60	100
2	Core	MPYC202	Psychological Statistics -II	3	0	0	3	40	60	100
3	Core	MPYC203	Cognitive Aging	3	0	0	3	40	60	100
4	Core	MPYC204	Behavioural Disorder	3	0	0	3	40	60	100
5	Core	MPYC205	Psychology of Adolescence	3	0	0	3	40	60	100
Practical										
1	Psychology Lab	MPYL206	Psychology Practical	0	0	6	3	40 (Practical Record)	60 (Practical Conduction + Viva voce)	100
2.	Scientific Research Paper	MPYP207	Scientific Research Paper	0	0	4	2	40	60	100
			Total	15	00	10	20	280	420	700

L – Lecture, T – Tutorial, P – Practical, C – Credit

Third Semester

CORE COURSE										
S. No.	**Course Category**	**Course Code**	**Course Name**	**Periods**				**Evaluation scheme**		**Subject Total**
				L	**T**	**P**	**C**	**Sessional (Internal)**	**External (ESE)**	
Theory										
1	Core	MPYC301	Health Psychology	3	0	0	3	40	60	100
2	Core	MPYC302	Positive Psychology	3	0	0	3	40	60	100
3	Core	MPYC303	Psychometrics	3	0	0	3	40	60	100
ELECTIVE COURSE GROUP- A, B, C (Any one Group) **The following Courses are Elective and 3 options 'A', 'B' & 'C' are available in each course and Candidates are required to choose any one Elective option out of three.**										
S. No.	**Course Category**	**Course Code**	**Course Name**	**Periods**				**Evaluation scheme**		**Subject Total**
				L	**T**	**P**	**C**	**Sessional (Internal)**	**External (ESE)**	
Theory										
			ELECTIVE COURSE GROUP-A							
4	Elective	MPYE304a	History of Clinical Psychology	3	0	0	3	40	60	100
5	Elective	MPYE305a	Clinical Assessment and Diagnosis	3	0	0	3	40	60	100
			ELECTIVE COURSE GROUP-B							
6	Elective	MPYE304b	Organizational Behaviour	3	0	0	3	40	60	100
7	Elective	MPYE305b	Organizational Development and Change	3	0	0	3	40	60	100
			ELECTIVE COURSE GROUP-C							
8	Elective	MPYE304c	Fundamentals of Counselling	3	0	0	3	40	60	100
9	Elective	MPYE305c	Counselling Process	3	0	0	3	40	60	100
Practical										
1	Psychology Lab	MPYL 306a/ 306b/ 306c	Psychology Practical	0	0	6	3	40 (Practical record)	60 (Practical Conduction + Viva voce)	100
2.	Internship	MPYP 307a/307b/ 307c	Internship in Clinical/organizational/ community setting	0	0	4	2	40	60	100
			Total	15	00	10	20	280	420	700

L – Lecture, T – Tutorial, P – Practical, C – Credit

Fourth Semester

CORE COURSE

S. No.	Course Category	Course Code	Course Name	Periods				Evaluation scheme		Subject Total
				L	T	P	C	Sessional (Internal)	External (ESE)	
Theory										
1	Core	MPYC401	Indian Psychology	3	0	0	3	40	60	100
2	Core	MPYC402	Developmental Psychology	3	0	0	3	40	60	100
3	Core	MPYC403	Community Mental Health	3	0	0	3	40	60	100

ELECTIVE COURSE GROUP- A, B, C (Any one Group)
The following Courses are Elective and 3 options 'A', 'B' & 'C' are available in each course and Candidates are required to choose any one Elective option out of three

S. No.	Course Category	Course Code	Course Name	Periods				Evaluation scheme		Subject Total
				L	T	P	C	Sessional (Internal)	External (ESE)	
Theory										
			ELECTIVE COURSE GROUP-A							
4	Elective	MPYE404a	Psychotherapeutic Interventions	3	0	0	3	40	60	100
5	Elective	MPYE405a	Developmental Disorders	3	0	0	3	40	60	100
			ELECTIVE COURSE GROUP-B							
6	Elective	MPYE404b	Human Resource Management	3	0	0	3	40	60	100
7	Elective	MPYE405b	Personnel Psychology	3	0	0	3	40	60	100
			ELECTIVE COURSE GROUP-C							
8	Elective	MPYE404c	Counselling Skills	3	0	0	3	40	60	100
9	Elective	MPYE405c	Guidance and Career Counselling	3	0	0	3	40	60	100
Practical										
1	Dissertation/ Project	MPYL 406a/ 406b/ 406c	Dissertation/ Project	0	0	10	5	40 (Synopsis + Progress Report)	60 (Final Presentation + Viva voce)	100
			Total	15	00	10	20	280	420	700
Self Study (Theory)										
1	Self –Study	MPYS407	Environmental Psychology	0	0	0	3	40	60	100

L – Lecture, T – Tutorial, P – Practical, C – Credit

Examination Scheme:

Theory:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Practical:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Dissertation:

Evaluation Method	Internal Evaluation		External Evaluation
Components	Synopsis	Progress Report	Dissertation & Viva Voce
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYC101**				
Course Name	**: Cognitive Psychology**				
Semester /Year	**: Ist sem/ Ist year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To provide a comprehensive knowledge of some cognitive processes in light of modern theories, models, and applications.

2. To enable students in comprehending the significance of these cognitive processes in daily life.

3. To gain a clear comprehension of the fundamental ideas underlying human cognition and to embrace the scientific method.

Course Contents

Unit 1:

Introduction to Cognitive Psychology: Concept of cognitive psychology; Emergence of cognitive psychology, Research methods in cognitive psychology, Applications of cognitive psychology

Unit 2:

Attention and Perception: Attention and Consciousness: Attention Processes, Theories of Attention, Consciousness of Mental Processes; Preconscious Processing.

Unit 3:

Perception: Approaches to the study of Perception: Gestalt, Physiological (Hebb), Information processing approach; Applications of Perception: Subliminal perception, Perceptual defence, Extra sensory perception.

Unit 4:

Memory Processes: Current models and directions. Types of memory - working memory, semantic, episodic, procedural, eye-witness and flashbulb memory, traumatic and false memory; Approaches to memory- information processing & connectionist.

Text Books:

1. Solso,R.L. (2004) Cognitive Psychology(6th ed.) Delhi: Pearson Education.

2. A.K singh {2006} Cognitive Psychology. Motilal banarsidas.

3. Morgan, C.T. (1993). Introduction to psychology. New York: McGraw Hill.

Reference Books:

1. Feldman.(2002).Understanding psychology (6th ed) New Delhi: Tata McGraw Hill.

2. Jahnke, J. C & Nowaczysk, R. H. (1997).Cognition. Delhi: Pearson Education.

3. Baron, R.(1995). Psychology. New Delhi: Prentice Hall.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Acquire in-depth information on general cognitive processes and behaviours.
CO2	Explain the cognitive processes in light of modern theories & models.
CO3	Apply the understanding of cognitive principles and processes to various hypothetical and real-world situations.
CO4	Analyse cognitive processes using scientific methods.
CO5	Evaluate the varied perspectives on high-level brain processing.
CO6	Develop a thorough understanding of the mind to better comprehend both ourselves and those around us.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO3	2	2	1	1	1	2	2	-	2	2	2	3	3	1	2	1
CO4	2	2	1	-	-	2	2	-	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	-	2	1	-	-	2	2	1	1
CO6	2	2	1	1	1	2	2	-	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	:	**MPYC102**			
Course Name	:	**Theories of Personality**			
Semester /Year	:	**Ist sem/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To understand approaches for comprehending personality

2. To compare different theories of personality

3. To apply personality theory concepts to comprehend personality types and to promote one's own personal development.

Course Contents

Unit 1:

Personality: Concept and nature; Basic issues related to study of personality. Eastern and Western perspective.

Unit 2:

Trait and type approaches: Allport, Cattell, Eysenck, and Big-five model.

Unit 3:

Psychodynamic and Behaviouristice Approaches: Psychodynamic and psychosocial approaches: Freud and Erikson; Behaviouristic and social learning approaches: Skinner, Bandura and Mischel.

Unit 4:

Humanistic and phenomenological approaches: Rogers and Kelly.

Text Books:

1. Friedman, H. S., &Schustack, M.W. (2003).Personality: Classic theories and modern research, (2nd Ed). Delhi: Pearson Education.

2. Hall, C. S., Lindzey, G., & Campbell, J. B. (1998).Theories of personality, (4th Ed.). New Delhi: John Wiley& Sons.

Programme Name: M.A.

Course code	**: MPYC103**				
Course Name	**: Research Methodology and Design**				
Semester /Year	**: Ist sem/ Ist year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To familiarize students with the fundamentals of psychological research.

2. To develop in-depth understanding of the designs and techniques in psychological research.

3. To analyse quantitative psychological data.

Course Contents

Unit 1:

Psychological Research: Meaning, Nature and purpose; Types of research; Ethical issues.

Unit 2:

Psychological research process: Formulation of research problem and hypothesis; Research design; Identifying variables; Control of extraneous variables; Scales of Measurement; Sampling & Data collection ; Data analysis and interpretation; Reporting research (APA style).

Unit 3:

Experimental research designs - Randomized groups, matched groups. Factorial designs

Unit 4:

Non-experimental research designs: Correlational, quasi experimental, longitudinal and cross-sectional designs

Text Books:

1. Singh, A.K. (2006). Tests, Measurement and Research Methods in Behavioural Sciences. Patna: Bharti Bhavan.

2. Haslam, S.A. & Mc Garty., C. (2014). Research Methods Statistics in Psychology. (2nd Ed.) New Delhi:Sage.

3. Mangal, S.K. and Mangal, S. (2013). Research Methodology in Behavioural Sciences. Delhi: PHI Learning Private Limited.

Reference Books:

1. Milluwi, J. O. and Rashid, H (2015) Research Methodology: Principals Methods and Practices. Delhi: Manglam.
2. Mohanty, B. and Misra, S. (2016). Statistics for Behavioural and Social Sciences, New Delhi: Sage.
3. Broota, K.D. (1992). Experimental Design in Behavioural Research. New Delhi: New Age International Pub.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Memorize the concept of psychological research
CO2	Explain the fundamentals of psychological research, research processes and research designs.
CO3	Apply the understanding of the research designs and techniques in psychological research.
CO4	Assess methodological designs and choose the best analytical approaches for the research.
CO5	Evaluate the different research designs to formulate the efficient psychological research.
CO6	Develop research based knowledge to be beneficial in the study of human behaviours.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	1	2	2	1	2	3	2	1	2
CO2	3	2	1	-	-	2	1	1	2	2	1	2	3	2	1	2
CO3	2	2	1	-	-	2	2	1	2	2	2	3	3	1	2	3
CO4	2	2	2	-	-	2	2	1	2	2	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	1	2	2	1	2	2	2	1	2
CO6	2	2	2	-	-	2	2	1	2	2	2	3	2	3	2	3

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC104**			
Course Name	**:**	**Psychological Statistics -I**			
Semester /Year	**:**	**Ist sem/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To familiarize students with the use of statistical methods.

2. To understand the basics of statistical methods.

3. To develop critical thinking in order to use the appropriate statistical analysis

Course Contents

Unit 1:

Introduction: Meaning, purpose and application of statistics in psychology.

Unit 2:

Frequency distribution: Frequency distribution tables, graphical presentation of data, Concept and significance of Probability-Normal Distribution; Curve & its application.

Unit 3:

Measures of variability: Concept of variability in data, Different Measures of Variability: Range, Quartile Deviation, Mean Deviation, Standard Deviation, Variance.

Unit 4:

Correlation: Applications of Correlation Methods such as Pearson correlation, Bi serial, point-bi-serial, partial, canonical and multiple correlation

Text Books:

1. Mangal, S.K. (2021). Statistics in Psychology and Education. New Delhi: PHI Learning Pvt. Ltd.

2. Ferguson, G. A. (1959). Statistical analysis in psychology and education.

Reference Books:

1. Mohanty, B. & Misra, S. (2016). Statistics for Behavioural and Social Sciences. New Delhi: Sage Publications India Pvt Ltd.

2. Robinson, P.W.(1976). Fundamentals of Experimental psychology. Prentice-Hall.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Introduce the fundamentals of statistical methods.
CO2	Explain the concepts of statistical methods.
CO3	Apply appropriate statistical methods in psychological research.
CO4	Analyse different techniques of statistical analysis to derive inferences and conclusions.
CO5	Evaluate different statistical methods used in psychological research.
CO6	Develop critical thinking in order to use the appropriate statistical analysis in psychological research.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	-	2	2	1	2	3	2	1	2
CO2	3	2	1	-	-	2	1	-	2	2	1	2	3	2	1	2
CO3	2	2	1	-	-	2	2	-	2	2	2	3	3	1	2	3
CO4	2	2	2	-	-	2	2	-	2	2	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	-	2	2	1	2	2	2	1	2
CO6	2	2	2	-	-	2	2	-	2	2	2	3	2	3	2	3

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	:	**MPYC105**			
Course Name	:	**Physiological Psychology**			
Semester /Year	:	**Ist sem/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the composition and functions of the central nervous system;

2. To grasp the methods used to investigate physiological psychology;

3. To comprehend the mechanism of neural conduction and transmission.

4. To gain the conceptual knowledge about Hormones and the brain

Course Contents

Unit 1:

Organization and functions of the central nervous system: Spinal cord, hindbrain, midbrain and forebrain.

Unit 2:

Methods of physiological psychology: Invasive physiological methods; methods of visualizing the living human brain; Recording human psycho physiological activity.

Unit 3:

Neural conduction and transmission: Resting membrane potential; Action potential; synaptic transmission; neuromuscular transmission: Information processing.

Unit 4:

Hormones and the brain: Endocrine communication and pheromone communication.

Text Books:

1. Khosla,M. (2019). Physiological Psychology: An Introduction. New Delhi: Sage Publications India Pvt Ltd.

2. Carlson, N.R. (2004). Foundations of Physiological Psychology. New Delhi: Pearson Education.

Reference Books:

1. Silber, K. (1999). The Physiological Basis of Behaviour. New Delhi : Routledge

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the composition and functions of the central nervous system.
CO2	Explain the concepts, functions and methods of physiological psychology.
CO3	Apply the concepts and findings to real-world situations and to your own physiology and behaviour.
CO4	Assess the connections between the various areas within the framework of the nervous system's overall structure.
CO5	Evaluate the methods of studying physiological psychology.
CO6	Develop the knowledge and understanding of physiological psychology.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO3	2	2	1	-	-	2	2	-	2	2	2	3	3	1	2	1
CO4	2	2	1	-	-	2	2	-	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	-	2	1	-	-	2	2	1	1
CO6	2	2	1	-	-	2	2	-	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYL106**			
Course Name	**:**	**Psychology Practical**			
Semester /Year	**:**	**I sem / Ist Year**			
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To measure the attention span of the individual.
2. To evaluate the perception of the individual.
3. To assess the personality of the individual.
4. To study the effect of different interpolated activity time on the memory of the individual.

Course Contents

Any Four from the following Practical:

1. Personality Testing (16 PF)
2. Span of Attention Experiment
3. Big five Personality test
4. Memory Experiment
5. Perception Experiment
6. Eysenck personality test

Text Books:

1. Miler, L.A., Lovler, R.L. & McIntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Memorize the concepts of psychology through practicals.
CO2	Explain the psychological concept related with the practical.
CO3	Apply the knowledge of psychological concepts through experiments and test.
CO4	Analyse and interpret the results of the psychological tests and experiments.
CO5	Evaluate the importance of psychological tools and tests.
CO6	Develop the skill regarding conduction and documentation of psychological experiments and tests.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	1	1	2	1	1	2	2	-	2	1	1	1	1	2	2	1
CO2	1	1	2	1	1	2	1	-	2	1	1	1	2	3	2	1
CO3	1	2	3	1	1	2	2	1	2	1	2	3	2	2	2	1
CO4	1	1	2	1	1	2	2	-	2	1	1	2	1	2	2	2
CO5	1	1	2	1	1	2	2	1	2	1	1	-	1	3	2	1
CO6	3	2	3	2	1	2	2	1	2	1	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Programme Name: M.A.

Course code	**:**	**MPYP107**			
Course Name	**:**	**Seminar**			
Semester /Year	**:**	**Ist sem / Ist Year**			
		L	**T**	**P**	**C**
		0	**0**	**4**	**2**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To facilitate the integration of theoretical and empirical knowledge, encouraging students to connect various psychological concepts to real- world applications.

2. To develop students research skills and enhance the ability to present their ideas and research findings.

Methodology:

Each student will interact with others and study psychological processes in a subject/ field of their choice.

The findings will subsequently be presented by the students in the form of a paper for discussion in the seminar.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify the opportunities for professional development.
CO2	Understand and enhance critical thinking and analytical skills to evaluate research, theories and empirical evidence related to the chosen topic.
CO3	Apply the knowledge of psychological concepts to real –world situations.
CO4	Analyse and appreciate diverse perspectives and contributions within the field of psychology.
CO5	Evaluate the various perspectives of the chosen topic to provide comprehensive understanding.
CO6	Develop the presentation skills and proficiency in presenting scholarly papers.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO 2	PSO 3	PSO4
CO1	-	1	2	1	2	2	2	-	2	2	1	1	1	2	2	1
CO2	-	1	2	1	2	2	1	-	2	2	1	1	2	3	2	1
CO3	1	1	3	1	2	3	3	1	3	2	2	3	2	2	3	1
CO4	-	1	2	1	2	2	2	-	2	2	1	2	1	2	2	1
CO5	-	1	2	1	2	2	2	-	2	2	1	1	1	3	2	1
CO6	-	1	3	2	2	3	3	1	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation		External Evaluation
Components	Research Paper Documentation	Progress Report	Research Paper Presentation
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC201**			
Course Name	**:**	**Advanced Social Psychology**			
Semester /Year	**:**	**IInd/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To educate the students with essential social psychology theoretical viewpoints.

2. To appreciate the many culturally-influenced social interactional paradigms.

3. To understand the important elements of social influence and group behaviour that forms the basis of human relationships.

4. To apply the concepts of social behaviour to various fields.

Course Contents

Unit 1:

Introduction: Current trends in social psychology, approaches to the study of social behaviour, methodological and ethical issues.

Unit 2:

Group processes and Leadership: Social identity and social comparison models, categorical differentiation and groups, group cohesiveness, group decision making; emergence of leader, theoretical approaches to leadership, leader characteristics and effectiveness.

Unit 3:

Social Influence Processes: Social norms and their perception, conformity to social norms, factors influencing conformity.

Unit 4:

Inter-group Relations: Relative deprivation, realistic conflict and social identity approaches, dynamics of inter-group behaviour, conditions of social harmony; structure and type of social conflicts, pre-dispositional variables and conflict resolution strategies.

Text Books:

1. Branscombe, N.R., Baron, R.A., Kapur, P. (2017). Social Psychology(14th Ed). New Delhi: Pearson.

3. Shetgovekar, S. (2018). An Introduction to Social Psychology. New Dehi: Sage Publications India Pvt Ltd

Reference Books:

1. Delamater, J. (2003). Handbook of social psychology. New York: Kluswer Academic.

2. Feldman, R.S. (1985). Social psychology: Theories, Research and Application. New York: McGraw Hill.

3. Burke, Peter J. (2006). Contemporary social psychological theories. Stanford: Stanford social sciences.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the important elements of social behaviour that form the basis of human relationships
CO2	Explain and discuss the various concepts of social psychology.
CO3	Apply the evolution of modern scientific psychology to a variety of domains.
CO4	Analyse the fundamentals of social psychology in real life situation.
CO5	Evaluate the concepts, approaches, methods of social psychology.
CO6	Develop a scientific perspective when understanding about and interpreting human behaviour.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	-	2	1	1	2	1	1	1	3	2	2	2
CO2	3	2	1	-	-	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	1	2	1	2	2	2	2	3	3	2	2	1
CO4	2	3	2	1	-	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	-	2	1	1	2	1	1	1	2	2	2	1
CO6	2	2	2	2	1	2	2	2	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYC202**				
Course Name	**: Psychological Statistics -II**				
Semester /Year	**: IInd/ Ist year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To foster the knowledge of the use of inferential statistics.
2. To understand the application of Non-parametric statistics.
3. To develop critical thinking in order to use the appropriate statistical analysis.

Course Contents

Unit1:

Introduction: Inferential statistics - Parametric and non parametric; univariate, bivariate and multivariate statistics.

Unit 2:

Analysis of group differences: Analysis of Variance- One way and factorial with two or more variables and repeated measures.

Unit 3:

Exploring relationship: Multiple regression analyses -Simultaneous, hierarchical and Statistical strategies; Interpretation and tabular presentation of results.

Unit 4:

Non-parametric statistics: Chi-Square, Median test, Wilcoxon test, Mann-Whitney U-test.

Text Books:

1. Mangal, S.K. (2021). Statistics in Psychology and Education. New Delhi: PHI Learning Pvt. Ltd.

2. Ferguson, G. A. (1959). Statistical analysis in psychology and education.

Reference Books:

1. Mohanty, B. & Misra, S. (2016). Statistics for Behavioural and Social Sciences. New Delhi: Sage Publications India Pvt Ltd.

2. Robinson, P.W.(1976). Fundamentals of Experimental psychology. Prentice-Hall.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Introduce the fundamentals of inferential statistics.
CO2	Explain the concepts and numerical calculations of Parametric and non parametric statistical tests.
CO3	Apply appropriate statistical methods in psychological research.
CO4	Analyse different techniques of statistical analysis to derive inferences and conclusions.
CO5	Evaluate different statistical methods used in psychological research.
CO6	Develop their statistical understanding to reach a solution in a reasonable way.

CO-PO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	-	2	2	-	2	2	1	2	3	2	1	2
CO2	3	2	1	-	-	2	1	-	2	2	1	2	3	2	1	2
CO3	2	2	1	-	-	2	2	-	2	2	2	3	3	1	2	3
CO4	2	2	2	-	-	2	2	-	2	2	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	-	2	2	1	2	2	2	1	2
CO6	2	2	2	-	-	2	2	-	2	2	2	3	2	3	2	3

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC203**			
Course Name	**:**	**Cognitive Aging**			
Semester /Year	**:**	**IInd/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the concept of Psychology of aging.
2. To comprehend the theories of aging.
3. To grasp the relationship of aging and cognitive processes.

Course Contents

Unit1:

Psychology of Aging: Concepts; theoretical issues; Changes in physical, cognitive, personality and social aspects.

Unit 2:

Theories of aging: Biological, modernization, disengagement, activity, continuity and exchange theories.

Unit 3:

Aging and cognitive processes: Executive functions and cognitive aging; Neuroplasticity, aging and cognitive functions, Aging, executive control, and attention.

Unit 4:

Aging and memory: Varieties of memory aging; Memory changes and aging brain; related explanation; Autobiographical memory and the narrative self. Intervention formemory and cognitive aging.

Text Books:

1. Hofer, S.M. &Alwin, D.E. (2008). Handbook of cognitive aging: Interdisciplinary perspectives. London: Sage.

2. Craik, F.I.M., & Tiemorthe, A. (2011). The handbook of aging and cognition.

Psychology Press.

Reference Books:

1. D.C.Park, &B.Sabel (Eds.), Aging and communication. New York: springer.

2. Schale, L.W. & Willis, S.L. (2011). Handbook of the psychology of Burlington, MA:

Elsevier Academic Press.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Recognize the basics of Psychology of aging.
CO2	Explain the changes occur during aging and various theories of aging.
CO3	Apply the understanding of aging concepts to deal real life situation
CO4	Analyse the influence of aging on cognitive processes.
CO5	Evaluate the theoretical issues and the changes that occur during aging.
CO6	Develop the ability to deal with changes that occur during aging.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO3	2	2	1	1	-	2	2	-	2	2	2	3	3	1	2	1
CO4	2	2	1	-	-	2	2	-	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	-	2	1	-	-	2	2	1	1
CO6	2	2	1	1	-	2	2	-	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC204**			
Course Name	**:**	**Behavioural Disorder**			
Semester /Year	**:**	**IInd/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To introduce the concepts of abnormality to achieve well-being.

2. To help students in defining and comprehending the underlying concepts of psychopathology.

3. To gain specific knowledge about the DSM-V AND ICD-11 classification system of mental disorder

4. To understand the Clinical features symptoms, etiology and treatments for the various mental disorders.

Course Contents

Unit 1

Classification systems in psychopathology: ICD-10 and DSM–5; Approaches to Psychopathology: Biological, psychodynamic, behavioral, cognitive, and socio-cultural

Unit 2

Neurotic Disorders: Anxiety disorder: Clinical Picture, types and etiology; Conversion and Dissociative disorders: Clinical Picture, types, etiology & treatment.

Unit 3

Psychotic Disorders: Schizophrenia and delusional disorders: Clinical Picture, types, etiology & treatment.

Unit 4

Mood Disorders: Clinical Picture, types, etiology & treatment.

Text Books:

1. Hooley, J.M., Butcher, J. N., Nock, M.K., Mineka, S. (2019). Abnormal Psychology. New Delhi: Pearson Education.

2. Ray, W.J., (2015). Abnormal Psychology. New Dehi: Sage Publications India Pvt Ltd

Reference Books:

1. Carson, R.C., Butcher, J.N. & Mineka, S. (2010). Abnormal Psychology and Modern Life. New Delhi: Pearson Education, Inc. and Dorling Kindersley Publication Inc.

2. Sarason, G.I. & Serason, R.V. (2007). Abnormal Psychology: The Problem of Maladaptive Behaviour (2nd Ed.). Pearson Education, Inc. and Dorling Kindersley Publication Inc.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the concept of abnormality and recognize various psychological disorders.
CO2	Explain the clinical features, causes, and treatment for psychological disorders.
CO3	Apply different models of psychopathology for the treatment of psychological disorders.
CO4	Illustrate the different treatment techniques for mental disorders
CO5	Summarize the diagnosis and treatment of various psychological disorders.
CO6	Develop the abilities and skills to identify, diagnose and treat the psychological disorders.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	-	2	1	1	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	1	2	1	1	1	2	2	1	1
CO3	3	2	2	1	1	2	1	2	2	2	2	3	3	2	1	1
CO4	2	3	2	1	-	2	1	1	2	1	2	2	3	2	1	1
CO5	3	3	3	-	-	2	1	1	2	1	1	1	2	2	1	1
CO6	2	2	2	2	1	2	2	2	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	:	**MPYC205**			
Course Name	:	**Psychology of Adolescence**			
Semester /Year	:	**IInd/ Ist year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To introduce the concepts of Psychology of adolescence.

2. To aware the students about the myths concerning adolescents.

3. To understand about the physical, social and personality development of adolescents.

Course Contents

Unit 1:

Puberty and adolescence: Concept and characteristic features; developmental tasks; myths about adolescents.

Unit 2:

Physical changes: perception and reaction to physical changes.

Unit 3:

Social development: Achieving independence from parents; parenting; parent-peer relationship; morality: Kohlberg and Loevinger's models.

Unit 4:

Personality development: Identity and self-esteem; search for identity, ethnic identity and self-esteem

Text Books:

1. Berk, L. E. (2013). Development through the lifespan. India: Pearson Education.

2. Santrock, J. (2011). Adolescence (14th Ed.) NY: McGraw-Hill Higher Education.

Reference Books:

1. Kail, R.V. & Cavanaugh, J.C. (2007). Human development: A life span view. Wadsworth:Cengage

2. Lerner, R. M. & Steinberg, L. (2009). Handbook of adolescent psychology, Vols I & II. NY: John Wiley & Sons.

3. Shaffer, D. R. (1996).Developmental psychology and adolescence. California: Brooks & Cole.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Educate about the fundamentals of Psychology of Adolescents
CO2	Describe the developmental changes that occur during adolescence.
CO3	Apply the understanding of psychology of adolescence to deal real life situations.
CO4	Analyse the changes in various developmental areas during adolescence period.
CO5	Evaluate the changes and development during adolescence.
CO6	Develop the ability to investigate the developmental changes.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO3	2	2	1	1	-	2	1	-	2	2	2	2	3	2	2	1
CO4	2	2	1	-	-	2	1	-	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	1	-	2	1	1	1	2	2	1	1
CO6	2	2	1	1	-	2	1	-	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC206**			
Course Name	**:**	**Psychology Practical**			
Semester /Year	**:**	**IInd sem/ Ist year**			
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To assess the social conformity and Social conformity of the individual.
2. To assess the level of aggression, anxiety and depression of the individual.
3. To measure the executive functions in old age.
4. To assess the academic stress of the individual.

Course Contents

Any Four from the following Practical:

1. Social conformity
2. Social conflict
3. Assessment of Aggression
4. Assessment of executive functions in old age
5. Measurement of anxiety/depression
6. Assessment of Academic stress

Text Books:

1. Miler, L.A., Lovler, R.L. & Mclntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Programme Name: M.A.

Course code	**:**	**MPYC206**			
Course Name	**:**	**Psychology Practical**			
Semester /Year	**:**	**IInd sem/ Ist year**			
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To assess the social conformity and Social conformity of the individual.
2. To assess the level of aggression, anxiety and depression of the individual.
3. To measure the executive functions in old age.
4. To assess the academic stress of the individual.

Course Contents

Any Four from the following Practical:

1. Social conformity
2. Social conflict
3. Assessment of Aggression
4. Assessment of executive functions in old age
5. Measurement of anxiety/depression
6. Assessment of Academic stress

Text Books:

1. Miler, L.A., Lovler, R.L. & McIntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Memorize the concepts of psychology through practicals.
CO2	Explain the psychological concept related with the practical.
CO3	Apply the knowledge of psychological concepts through experiments and test.
CO4	Analyse and interpret the results of the psychological tests and experiments.
CO5	Evaluate the importance of psychological tools and tests.
CO6	Develop the skill regarding conduction and documentation of psychological experiments and tests.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	1	1	2	1	1	2	2	-	2	1	1	1	1	2	2	1
CO2	1	1	2	1	1	2	1	-	2	1	1	1	2	3	2	1
CO3	1	2	3	1	1	2	2	1	2	1	2	3	2	2	2	1
CO4	1	1	2	1	1	2	2	-	2	1	1	2	1	2	2	2
CO5	1	1	2	1	1	2	2	1	2	1	1	-	1	3	2	1
CO6	3	2	3	2	1	2	2	1	2	1	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Programme Name: M.A.

Course code	:	**MPYP207**			
Course Name	:	**Scientific Research Paper**			
Semester /Year	:	**IInd sem / Ist Year**			
		L	**T**	**P**	**C**
		0	**0**	**4**	**2**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To provide a comprehensive understanding of research process and ethical consideration in psychological research.

2. To familiarize with the peer review process, helping them to understand the importance of peer reviewed publications.

3. To provide insights into effective publication strategies.

Methodology:

Students are required to publish a research paper under faculty supervision. The publication

Should be in a refereed peer reviewed National/International Journal.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify the research problem to facilitate the research process.
CO2	Understand the scientific research process including formulating research questions, hypothesis, designing studies, collecting data and analysing result.
CO3	Apply the appropriate research methodology in the context of their research problem.
CO4	Analyse the collected data using appropriate statistical methods.
CO5	Evaluate the importance of peer review process.
CO6	Develop the effective academic writing skills and understand the APA (American Psychological Association) style guidelines for formatting and referencing the research paper.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	-	1	2	1	2	2	2	-	2	2	1	1	1	2	2	1
CO2	-	1	2	1	2	2	1	-	2	2	1	1	2	3	2	1
CO3	1	1	3	1	2	3	3	1	3	3	2	3	2	2	3	1
CO4	-	1	2	1	2	2	2	-	2	2	1	2	1	2	2	1
CO5	-	1	2	1	2	2	2	-	2	2	1	1	1	3	2	1
CO6	1	1	3	2	2	3	3	1	2	3	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation		External Evaluation
Components	Research Paper Documentation	Progress Report	Research Paper Publication
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC301**			
Course Name	**:**	**Health Psychology**			
Semester /Year	**:**	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To educate the concept of Health psychology.
2. To introduce the models of health.
3. To promote the awareness about the health habits.
4. To understand the prevention and management of health problems.

Course Contents

Unit 1:

Health Psychology: Nature and Scope of health psychology, Approaches to health.

Unit 2:

Models of Health: Medical & Bio-psycho-social perspectives. Eastern approaches: Zen Buddhism, Concept of sthita projana (Bhagvad Gita), Health-related beliefs.

Unit 3:

Health Promotion and Disease Prevention: Behavioral Risk Factors (e.g, drug and alcohol use; unsafe sexual behaviour; smoking, diet, and sedentary life style), Development of health habits and /or reduction of unhealthy behavior.

Unit 4:

Management of health problems: Preventive, promotive and curative aspects of health; choice of medicinal systems; patient-doctor relationship, treatment adherence, alternative medicines.

Text Books:

1. Baum, A., Gatchel, R. J., &Krantz, D. S. (1997). An introduction to health psychology. New York: McGraw Hill.

2. Baum, A., Revenson, T. A., & Singer, J. E. (2001). Handbook of health psychology. Mahwah, NJ: Lawrence Erlbaum.

3. Dimatteo, M. R. & Martin, L. R. (2002). Health psychology. Boston: Allyn& Bacon.

Reference Books:

1. Marks, D., Murray, M., Evans, B., &Willig, C., Woodall, C., & Sykes, C.M. (2008). Health psychology: Theory, research and practice. New Delhi: Sage.

2. Radley, M. (1994). Health psychology: Bio-psycho-social interaction. New York: John Wiley.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamentals of health psychology.
CO2	Explain the models & approaches of health, prevention of disease and management of health problems.
CO3	Apply the knowledge of health psychology in prevention and management of health.
CO4	Analyze the Preventive, promotive and curative aspects of health
CO5	Evaluate the approaches and models of health.
CO6	Develop the knowledge about different techniques of prevention and management of health.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	-	2	1	1	2	1	1	1	3	2	1	1
CO3	2	2	1	1	-	2	1	1	2	2	2	2	3	2	2	1
CO4	2	2	1	-	-	2	1	1	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	1	1	2	1	1	1	2	2	1	1
CO6	2	2	1	1	-	2	1	1	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	**20**	**20**	**60**

Programme Name: M.A.

Course code	**: MPYC302**				
Course Name	**: Positive Psychology**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To introduce the theory and principles of positive psychology.

2. To educate them with the developing body of scientific evidence on establishing, sustaining, and growing positive societies, organisations, and relationships.

3. To understand the applications of positive psychology.

Course Contents

Unit 1:

Positive Psychology: Historical background, Perspectives on happiness and well being, Virtues and character strengths, recent trends and future directions, Positive neuroscience.

Unit 2:

Identifying and measuring strengths: Positive self, traits, emotional strength, resilience, and flow.

Unit 3:

Promoting positive self and relationships: Compassion, Forgiveness, Gratitude, Empathy, Authenticity and positivity in social relationships, Mindfulness meditation: theory, research and practice

Unit 4:

Applications of positive psychology: Ageing, Education, Health, Work, Environment.

Text Books:

1. Carr, A. (2008). Positive Psychology: The Science of Happiness and Human Strengths. New Delhi: Routledge.

2. Snyder, C.R. & Lopez, S.J. (2002). Handbook of Positive Psychology. New York : Oxford University Press.

Reference Books:

1. Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University press.

2. Seligman, M.E.P. (2002). Authentic happiness. New York: Free Press.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the terms of positive psychology.
CO2	Explain the concepts, principles and theories of positive psychology
CO3	Apply the understanding of positive psychology to promote wellbeing.
CO4	Analyse the knowledge of positive psychology in real life situations.
CO5	Evaluate the conceptual knowledge and perspectives on positive psychology.
CO6	Develop the understanding about positive self and relationships

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	2	1	2	1	1	1	3	2	1	1
CO3	2	2	1	1	1	2	2	1	2	2	2	2	3	2	2	1
CO4	2	2	1	-	1	2	2	1	2	1	2	2	3	2	2	2
CO5	3	2	2	-	1	2	2	1	2	1	1	1	2	2	1	1
CO6	2	2	1	1	1	2	3	1	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYC303**				
Course Name	**: Psychometrics**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the concept of Psychological testing.

2. To develop critical understanding of measurement-related issues and methods in psychological research.

3. To enable students to acquire insight of the application of psychological assessment data and its contextual interpretation, as well as test construction and standardisation techniques.

Course Contents

Unit 1:

Introduction to Psychological testing -History; Nature of Psychological Measurement; Errors in Psychological measurement; Terminologies associated with psychological tests, scientific measurement in psychometrics and measurement in the natural sciences

Unit 2:

Test construction- Steps followed in test construction, standardization, Classical Test theory and Item Response theory.

Unit 3:

Application of psychological tests - Clinical, Organizational, School and educational, developmental settings, Career counselling and guidance, forensic, sports, military

Unit 4:

Ethical issues in psychological testing: International guidelines, Sources of biases in psychological testing; issues in cultural adaptation; professional, moral and social issues involved in psychological testing; developing culture-faire tests.

Text Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

2. Miler, L.A., Lovler, R.L. & Mclntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

3. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Jackson, C. (2003) Understanding Psychological Testing. Mumbai: Jaico Pub. House

2. Kalina, P. (1998). The new psychometrics: Sciences, psychology and measurement. London & New York: Routledge.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the fundamentals of psychological testing.
CO2	Explain the concepts ,ethical issues and steps of test construction.
CO3	Apply the psychological tests in different settings.
CO4	Analyze the efficiency of various psychological tests in real life situations.
CO5	Evaluate the conceptual knowledge of psychometrics and test construction.
CO6	Develop the skill and ability to use the knowledge of psychometrics and test construction to construct the psychological test .

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	1	-	2	2	-	2	2	1	2	3	2	1	2
CO2	3	2	1	1	-	2	1	-	2	2	1	2	3	2	1	2
CO3	2	2	1	1	-	2	2	1	2	2	2	3	3	1	2	3
CO4	2	2	2	1	-	2	2	-	2	2	2	2	3	2	2	2
CO5	3	2	2	1	-	2	2	-	2	2	1	2	2	2	1	2
CO6	2	2	2	1	-	2	2	1	2	2	2	3	2	3	2	3

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.
ELECTIVE COURSE GROUP-A
CLINICAL PSYCHOLOGY

Course code	:	**MPYE304a**			
Course Name	:	**History of Clinical Psychology**			
Semester /Year	:	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To introduce the historical roots of Clinical Psychology.
2. To comprehend the evolution of theories in clinical Psychology.
3. To identify the Historical and modern perspectives on clinical Psychology.
4. To understand the future trends in Clinical Psychology.

Course Contents

Unit 1:

Historical Perspective of abnormal Psychology: Greek and Roman influence, Impact of Renaissance on Abnormal Psychology, History of Clinical Psychology following World War II, the Ascent of Psychiatry and Psychology in Pre progressive Era, contemporary view on abnormal psychology.

Unit2:

Evolution of Theory in Clinical Psychology: Classic and Contemporary thinkers and their contribution in clinical psychology.

Unit3:

Historical and modern perspectives on clinical Psychology: Colonial constructs to emerging indigenous perspectives –nature Vs. nurture debate, evolution of psychosurgeries (lobotomy to deep brain stimulations), cultural perspective for understanding psychopathologies, from science to supernatural perspectives on psychopathologies.

Unit 4:

Trends and future directions in clinical psychology-Ethical considerations and dilemma of clinical psychology, complementary and alternative approach to clinical psychology, global perspective on psychopathologies, specialities and settings, application and methods, treatment and prevention.

Text Books:

1.Culari, S. (1998). Foundations of clinical psychology. New York: Allyn& Bacon.

2. Hecker, J. E., & Thorpe, G. L. (2005). Introduction to clinical psychology: Science, practice, and ethics. Delhi, India: Pearson Education.

3. Hersen, M., Kazdin, A. E., & Bellack, A. S. (Eds.) (1991). The clinical psychology handbook (2nd Ed.). New York: Pergamon Press.

Reference Books:

1. Carson, R.C., Butcher, J.N. & Mineka, S. (2010). Abnormal Psychology and Modern Life. New Delhi: Pearson Education, Inc. and Dorling Kindersley Publication Inc.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the historical roots of Clinical Psychology
CO2	Explain the historical perspective of abnormal Psychology, evolution of theory, historical and modern perspective & trends and future directions of Clinical Psychology.
CO3	Apply the knowledge of Historical perspective of clinical psychology for further better understanding of this field.
CO4	Analyze the importance of historical roots of clinical psychology in future trends and direction
CO5	Evaluate the historical and modern perspectives of clinical Psychology.
CO6	Develop the skill to utilize the knowledge of historical perspective for detailed study of Clinical Psychology.

CO-PO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	2	2	1	1
CO3	3	2	2	1	-	2	1	-	2	2	2	3	3	2	1	1
CO4	2	3	2	1	-	2	1	-	2	1	2	2	3	2	1	1
CO5	3	3	3	-	-	2	1	-	2	1	1	1	2	2	1	1
CO6	2	2	2	2	-	2	2	-	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYE305a**			
Course Name	**:**	**Clinical Assessment and Diagnosis**			
Semester /Year	**:**	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To educate about the basic elements in assessment.
2. To understand the differing models of classification of mental disorders.
3. To gain knowledge about the psychological assessment and diagnostic tools.
4. To comprehend the various contexts in which mental disorder exists.

Course Contents

Unit 1:

Basic Elements in Assessment: Epistemological issues of assessment and diagnosis, addressing the presenting problems, taking social and behavioral history, mental status examination (MSE).

Unit 2:

Classification: Differing models of classification of disorders-prototypal and dimensional approach, Formal diagnostic classifications- ICD and DSM, unresolved issues in DSM 5-a critical approach, cultural roots of abnormal behaviour and its impact on classification.

Unit 3:

Assessment and Diagnostic Tools: Assessment interviews, clinical observation, psychological testing, neurological examination-MRI, fMRI, CAT, PET.

Unit 4:

Situating disorders: Narratives of illness, difference and personhood, contextualized and person centered diagnosis, examining the psychosocial context, psychopathology in Ayurveda.

Text Books:

1. American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (DSM-5®). American Psychiatric Pub.

2. Castillo, R. J. (1997). Culture & mental illness: A client-centered approach. Thomson Brooks/Cole Publishing Co.

3. Probst, B. (2015). Critical Thinking in Clinical Assessment and Diagnosis. Springer.

Reference Books:

1. Morey, L. C. (1991). Classification of mental disorder as a collection of hypothetical constructs. American Psychological Association.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Introduce the fundamentals of Clinical assessment and Diagnosis.
CO2	Explain the basic elements of clinical assessment, classification of mental disorders, situating disorders and assessment & diagnosing tools.
CO3	Apply the understanding of clinical assessment for diagnosing mental disorder.
CO4	Analyze the conceptual knowledge for assessment and diagnosis of mental disorders.
CO5	Evaluate the concepts, models and tools of clinical assessment and diagnosis.
CO6	Develop the ability to use the knowledge of clinical assessment and diagnosis in the field of clinical psychology.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	1	1	2	2	-	2	2	1	2	3	2	1	2
CO2	3	2	1	1	1	2	1	-	2	2	1	2	3	2	1	2
CO3	2	2	1	1	1	2	2	1	2	2	2	3	3	1	2	3
CO4	2	2	2	1	1	2	2	-	2	2	2	2	3	2	2	2
CO5	3	2	2	1	1	2	2	-	2	2	1	2	2	2	1	2
CO6	3	2	2	1	1	2	2	1	2	2	2	3	2	3	2	3

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYL306a**				
Course Name	**: Psychology Practical**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To explain the detailed case study of the subject.
2. To apply the Projective techniques – SCT, TAT & Rorschach test on the subject.
3. To assess the level of depression of the subject using Beck Depression Inventory-II.
4. To assess the anxiety level of the subject using Hamilton Anxiety Rating Scale

Course Contents

Any Four from the following Practicals:

1. Case study
2. Sentence Completion test
3. Thematic Apperception Test (TAT)
4. Beck Depression Inventory-II
5. Hamilton Anxiety Rating Scale
6. Rorschach Test

Text Books:

1. Miler, L.A., Lovler, R.L. & McIntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Memorize the concepts of psychology through practicals.
CO2	Explain the psychological concept related with the practical.
CO3	Apply the knowledge of psychological concepts through experiments and test.
CO4	Analyse and interpret the results of the psychological tests and experiments.
CO5	Evaluate the importance of psychological tools and tests.
CO6	Develop the skill regarding conduction and documentation of psychological experiments and tests.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	1	1	2	1	1	2	2	-	2	1	1	1	1	2	2	1
CO2	1	1	2	1	1	2	1	-	2	1	1	1	2	3	2	1
CO3	1	2	3	1	1	2	2	1	2	1	2	3	2	2	2	1
CO4	1	1	2	1	1	2	2	-	2	1	1	2	1	2	2	2
CO5	1	1	2	1	1	2	2	1	2	1	1	-	1	3	2	1
CO6	3	2	3	2	1	2	2	1	2	1	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Programme Name: M.A.
ELECTIVE COURSE GROUP-B
ORGANIZATIONAL PSYCHOLOGY

Course code	:	**MPYE304b**			
Course Name	:	**Organizational Behaviour**			
Semester /Year	:	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand Human behaviour in organizational context.
2. To comprehend the leadership styles and skills and contemporary issues in leadership.
3. To gain knowledge about the organizational conflict and negotiation strategies.
4. To get insight about the developing and maintaining organizational culture.

Course Contents

Unit 1:

Introduction: Nature of organizational behaviour; Models of OB: Autocratic, Custodial, Supportive, Collegial, System; Trends of OB

Unit 2:

Leadership: Trait, behavioural, contingency, and contemporary theories; leadership styles and skills, contemporary issues in leadership

Unit 3:

Conflict and negotiation: Intra-individual, interpersonal, and inter-group conflicts; conflict process; Negotiation strategies and process.

Unit 4:

Organizational culture: Nature and types; developing and maintaining organizational culture and customer responsive culture; promoting ethics in organizational culture

Text Books:

1. Chadha, N.K. (2007) Organizational Behavior. New Delhi: Galgotia Publishers.

2. Greenberg, J. & Baron, R.A. (2007). Behaviour in Organizations (9th Ed.). India: Dorling Kindersley.

Reference Books:

1. Luthans, F. (2005).Organizational behavior (12th Ed.). New York: McGraw Hill.

2. Pareek, U. (2010). Understanding organizational behaviour. Oxford: Oxford University Press.

3. Robbins, S.P., Judge, T.A. & Vohra, N. (2019). Organizational Behaviour. (18th Ed.). New Delhi: Pearson.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamentals, models and trends of organizational behaviour.
CO2	Describe the basic concepts of Industrial/Organizational psychology and organisational behaviour.
CO3	Apply the concepts for developing and maintaining Organizational culture.
CO4	Analyse the concepts and theoretical frameworks that can be used to improve an organization's effectiveness and efficiency;
CO5	Evaluate the concept, models and theories of organizational behaviour.
CO6	Develop the ability to use the conceptual knowledge to maintain organizational culture.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	1	2	1	-	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	-	2	1	1	1	2	1	2	1
CO3	3	2	2	1	1	2	1	-	2	2	2	3	3	2	2	1
CO4	2	3	2	1	1	2	1	-	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	-	2	1	1	-	2	2	2	1
CO6	2	2	2	2	1	2	2	-	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	:	**MPYE305b**			
Course Name	:	**Organizational Development and Change**			
Semester /Year	:	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To introduce the Fundamentals of organizational development and change.

2. To understand the management and intervention strategies for organizational development.

3. To comprehend the management and evaluation of change of organizational development

Course Contents

Unit 1

Introduction: Nature and characteristics, history of organizational development; types of Change in organizations and Change Models

Unit 2

Management of organizational development: Foundations, process and action research.

Unit 3

Interventions for Organizational development: Team, third-party, and training experiences.

Unit 4

Management and Evaluation of change: Organizational structure, organizational culture, employee relations and involvement strategies; Evaluating change and future of organizational development.

Text Books:

1. French, W. L. & Bell, C. H. (2006). Organisation Development (6thed.). New Delhi: Pearson Education.

2. French, W. L., Bell, C. H., & Zawacki, R. A. (2005). Organization development and transformation: Managing effective change (6th Ed.). New York: McGraw Hill

Reference Books:

1. Cummings, T. G. & Worley, C. G. (2009). Theory of Organization Development and Change (8thEd). New Delhi: Cengage.

2. Senior, B., & Fleming, J. (2009). Organizational change (3rded.). New Delhi: Pearson Education.

3. Thornhill, A., Lewis, P. Millmore, M., & Saunders, M. (2000). Managing Change: A human resource strategy approach(1st ed.). New Delhi: Pearson Education.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the applications of models and theory from the behavioural sciences to plan organisational development and growth.
CO2	Explain the management and interventions strategies for organizational development & management and evaluation of change.
CO3	Apply the conceptual knowledge for development of organization and management and evaluation of organizational change.
CO4	Analyze the understanding of Organizational development and change in real life settings.
CO5	Evaluate the concept and theories of organizational development and change.
CO6	Develop one's capacity for management and coping with and navigating change in one's circumstances in the organization.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	1	2	1	-	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	-	2	1	1	1	2	1	2	1
CO3	3	2	2	1	1	2	1	-	2	2	2	3	3	2	2	1
CO4	2	3	2	1	1	2	1	-	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	-	2	1	1	-	2	2	2	1
CO6	2	2	2	2	1	2	2	-	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYL306b**				
Course Name	**: Psychology Practical**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To assess the Job Satisfaction of the subject.
2. To assess the leadership qualities of the subject.
3. To assess the organizational stress of the subject.
4. To assess the level of motivation of the subject.
5. To assess the personal self efficacy of the subject.
2. To assess the culture of the organization.

Course Contents

Any Four from the following Practicals:

1. Job satisfaction
2. Leadership
3. Organisational Stress
4. Motivation scale
5. Personal efficacy scale
6. Organization culture scale

Text Books:

1. Miler, L.A., Lovler, R.L. & Mclntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Memorize the concepts of psychology through practicals.
CO2	Explain the psychological concept related with the practical.
CO3	Apply the knowledge of psychological concepts through experiments and test.
CO4	Analyse and interpret the results of the psychological tests and experiments.
CO5	Evaluate the importance of psychological tools and tests.
CO6	Develop the skill regarding conduction and documentation of psychological experiments and tests.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	1	1	2	1	1	2	2	-	2	1	1	1	1	2	2	1
CO2	1	1	2	1	1	2	1	-	2	1	1	1	2	3	2	1
CO3	1	2	3	1	1	2	2	1	2	1	2	3	2	2	2	1
CO4	1	1	2	1	1	2	2	-	2	1	1	2	1	2	2	2
CO5	1	1	2	1	1	2	2	1	2	1	1	-	1	3	2	1
CO6	3	2	3	2	1	2	2	1	2	1	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Programme Name: M.A.
ELECTIVE COURSE-GROUP-C
COUNSELING PSYCHOLOGY

Course code	:	**MPYE304c**			
Course Name	:	**Fundamentals of Counselling**			
Semester /Year	:	**IIIrd sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To develop an understanding of basic concepts of Counselling.

2. To understand the characteristics, roles and functions of Counsellor.

3. To help students in comprehending and incorporating the scientific theory and knowledge into counselling practise.

Course Contents

Unit 1:

Introduction: Historical perspective of counselling. Educational, developmental, and preventive models; goals of counselling in the context of India.

Unit 2:

Counsellor and the Counselee: Expectations and goals; characteristics of counselee and counsellors; role and functions of the counsellor.

Unit 3:

Approaches of Counselling: Psychoanalytic, person-centred, existential, and cognitive behavioral approaches.

Unit 4:

Areas of counselling: Educational, career, marital and gerontological; stress management oriented counselling; Counselling for terminal disease patients: cancer and HIV /AIDS; Counselling for Substance use disorder patients.

Text Books:

1. Gibson, R.L. Mitchell, M.H.(2005). Introduction to counseling and guidance (6th ed). Delhi: Pearson education pte.Ltd

2. Rao, S.N. &Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.

Reference Books:

1. Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th ed). Pearson.

2. Seligman,L. & Reichenberg ,L.W.(2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the counselling concepts and theories
CO2	Explain the counselling concepts, ethical considerations and the methods and approaches of counselling.
CO3	Apply the counselling skills to deal with issues of different areas.
CO4	Examine the counselling profession, particularly in the context of India.
CO5	Evaluate the approaches of counselling.
CO6	Develop the qualities and attributes required to be an effective counsellor.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	2	2	2	2	2	2	2	3	3	2	3	1
CO4	2	3	2	1	1	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	1	2	1	1	-	2	2	2	1
CO6	2	2	2	2	2	3	2	2	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYE305c**				
Course Name	**: Counselling Process**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the process of Counselling.
2. To comprehend the skill of Communication and building the counselling relationship.
3. To grasp the essential skills of in-depth exploration and designing effective action plan .
4. To learn the ethical issues in counselling.

Course Contents

Unit 1:

Building the relationship : Communication and building the counselling relationship; the core conditions of counselling; Counsellor's actions that impede communication.

Unit 2:

In-depth exploration: Goals and methods; Advanced empathy; Immediacy; Confrontation; Interpretation; Role playing.

Unit 3:

Commitment to action and Termination: The process of goal setting; Design and implication of action plans, Termination

Unit 4:

Ethics: Professional and Ethical issues in Counselling

Text Books:

1. Gibson, R.L. Mitchell, M.H.(2005). Introduction to counseling and guidance (6th ed). Delhi: Pearson education pte.Ltd

2. Rao, S.N. &Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.

Reference Books:

1. Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th ed). Pearson.

2. Seligman,L. & Reichenberg ,L.W.(2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the fundamentals of counselling process.
CO2	Explain the process of counselling and ethical issues of counselling.
CO3	Apply the fundamentals of counselling process to facilitate the counselling
CO4	Analyze the effectiveness of counselling process.
CO5	Evaluate the importance of each stage of counselling.
CO6	Develop the essential skills required to be an effective counsellor.

CO-PO- PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	2	2	2	2	2	2	2	3	3	2	3	1
CO4	2	3	2	1	1	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	1	2	1	1	-	2	2	2	1
CO6	2	2	2	2	2	3	2	2	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

1. Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th ed). Pearson.

2. Seligman,L. & Reichenberg ,L.W.(2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the fundamentals of counselling process.
CO2	Explain the process of counselling and ethical issues of counselling.
CO3	Apply the fundamentals of counselling process to facilitate the counselling
CO4	Analyze the effectiveness of counselling process.
CO5	Evaluate the importance of each stage of counselling.
CO6	Develop the essential skills required to be an effective counsellor.

CO-PO- PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	2	2	2	2	2	2	2	3	3	2	3	1
CO4	2	3	2	1	1	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	1	2	1	1	-	2	2	2	1
CO6	2	2	2	2	2	3	2	2	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYL306c**				
Course Name	**: Psychology Practical**				
Semester /Year	**: IIIrd sem/ IInd year**				
		L	**T**	**P**	**C**
		0	**0**	**6**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To assess the area of Interest of the subject.
2. To assess the Career Preference of the subject.
3. To assess the level of academic stress of the subject.
4. To assess the level of harmful alcohol consumption of the subject.
5. To assess the marital satisfaction of the subject.
6. To conduct the detailed counselling interview of the subject.

Course Contents

Any Four from the following Practicals:

1. Interest Inventory
2. Career Preference Record
3. Academic stress
4. Alcohol Use Disorders Identification test
5. Marital Satisfaction scale
6. Counselling Interview

Text Books:

1. Miler, L.A., Lovler, R.L. & Mclntire, S.A. (2013). Psychological Testing (4th Ed.) New Delhi: Sage Publications India Pvt. Ltd.

2. Murphy, K.R. & Davidshofer, C.O. (2019). Psychological Testing: Principles and Applications (6th Ed.) New Delhi: Pearson Education.

Reference Books:

1. Kaplan, R. M., & Saccuzzo, D. P. (2005). Psychological testing: Principles, applications and issues. New Delhi: Cengage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Memorize the concepts of psychology through practicals.
CO2	Explain the psychological concept related with the practical.
CO3	Apply the knowledge of psychological concepts through experiments and test.
CO4	Analyse and interpret the results of the psychological tests and experiments.
CO5	Evaluate the importance of psychological tools and tests.
CO6	Develop the skill regarding conduction and documentation of psychological experiments and tests.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	1	1	2	1	1	2	2	-	2	1	1	1	1	2	2	1
CO2	1	1	2	1	1	2	1	-	2	1	1	1	2	3	2	1
CO3	1	2	3	1	1	2	2	1	2	1	2	3	2	2	2	1
CO4	1	1	2	1	1	2	2	-	2	1	1	2	1	2	2	2
CO5	1	1	2	1	1	2	2	1	2	1	1	-	1	3	2	1
CO6	3	2	3	2	1	2	2	1	2	1	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Internal Evaluation	External Evaluation	
	Practical Record	Practical Conduction	Viva Voce
Weightage(%)	40	40	20

Programme Name: M.A.

Course code	:	**MPYP307b**			
Course Name	:	**Internship in organizational/ industrial setting**			
Semester /Year	:	**IIIrd sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**4**	**2**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To provide opportunities for the application of skills acquired throughout the postgraduate programme.

2. To familiarise the trainee with the organizational structure, norms, processes and working circumstances at an organization/industry.

Methodology:

The Block placements of students will be in any one (or more) of the various organization/industry. In addition to reporting to the supervisor at the organization visited, students are required to abide by the organization's ethical standards. At the conclusion of their internship; students are required to submit a report.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify the opportunities to enhance personal & professional growth.
CO2	Understand the ethical guidelines and professional standards in an organization set-up.
CO3	Apply the concepts of psychology in organization/industry set-up.
CO4	Analyse the cultural diversity and sensitivity in working with clients.
CO5	Evaluate the skills and
CO6	Develop and refine professional skills required to address psychological challenges and issues.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO 2	PSO 3	PSO4
CO1	-	1	2	1	2	2	2	-	2	2	1	1	1	2	2	1
CO2	-	1	2	1	2	2	1	-	2	2	1	1	2	3	2	1
CO3	1	1	3	1	2	3	3	1	3	2	2	3	2	2	3	1
CO4	-	1	2	1	2	2	2	-	2	2	1	2	1	2	2	1
CO5	-	1	2	1	2	2	2	-	2	2	1	1	1	3	2	1
CO6	-	1	3	2	2	3	3	1	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation (Organization supervisor)	External Evaluation (External Examiner)
Components	Overall Performance during internship	Internship Report & Viva Voce
Weightage(%)	40	60

Programme Name: M.A.

Course code	**:**	**MPYP307a**			
Course Name	**:**	**Internship in Clinical setting**			
Semester /Year	**:**	**IIIrd sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**4**	**2**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To provide opportunities for the application of skills acquired throughout the postgraduate programme.

2. To familiarise the trainee with the clinical structure, norms, processes and working circumstances at a clinic or mental health set up.

Methodology:

The Block placements of students will be in any one (or more) of the various NGOs, hospitals, mental health set up and Rehabilitation centers. In addition to reporting to the supervisor at the organization visited, students are required to abide by the organization's ethical standards. At the conclusion of their internship; students are required to submit a report.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify the opportunities to enhance personal & professional growth.
CO2	Understand the ethical guidelines and professional standards in clinical and mental health setup.
CO3	Apply the knowledge of psychological concepts to mental health set up. .
CO4	Analyse the cultural diversity and sensitivity in working with clients or patients.
CO5	Evaluate and interpret the result of psychological assessment.
CO6	Develop and refine professional skills required to address psychological challenges and issues.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO 2	PSO 3	PSO4
CO1	-	1	2	1	2	2	2	-	2	2	1	1	1	2	2	1
CO2	-	1	2	1	2	2	1	-	2	2	1	1	2	3	2	1
CO3	1	1	3	1	2	3	3	1	3	2	2	3	2	2	3	1
CO4	-	1	2	1	2	2	2	-	2	2	1	2	1	2	2	1
CO5	-	1	2	1	2	2	2	-	2	2	1	1	1	3	2	1
CO6	-	1	3	2	2	3	3	1	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation (Organization supervisor)	External Evaluation (External Examiner)
Components	Overall Performance during internship	Internship Report & Viva Voce
Weightage(%)	40	60

Programme Name: M.A.

Course code	**:**	**MPYP307c**			
Course Name	**:**	**Internship in community setting**			
Semester /Year	**:**	**IIIrd sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**4**	**2**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To provide opportunities for the application of skills acquired throughout the postgraduate programme.

2. To familiarise the trainee with the clinical structure, norms, processes and working circumstances at a clinic or mental health set up.

Methodology:

The Block placements of students will be in any one (or more) of the various community centers. In addition to reporting to the supervisor at the organization visited, students are required to abide by the organization's ethical standards. At the conclusion of their internship; students are required to submit a report.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify the opportunities to enhance personal & professional growth.
CO2	Understand the ethical guidelines and professional standards in community centres.
CO3	Apply the concepts of counselling psychology in community care set-up.
CO4	Analyse the cultural diversity and sensitivity in working with clients or patients.
CO5	Evaluate the applications of various counselling skills and strategies.
CO6	Develop and refine professional skills required to address psychological challenges and issues.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO 2	PSO 3	PSO4
CO1	-	1	2	1	2	2	2	-	2	2	1	1	1	2	2	1
CO2	-	1	2	1	2	2	1	-	2	2	1	1	2	3	2	1
CO3	1	1	3	1	2	3	3	1	3	2	2	3	2	2	3	1
CO4	-	1	2	1	2	2	2	-	2	2	1	2	1	2	2	1
CO5	-	1	2	1	2	2	2	-	2	2	1	1	1	3	2	1
CO6	-	1	3	2	2	3	3	1	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation (Organization supervisor)	External Evaluation (External Examiner)
Components	Overall Performance during internship	Internship Report & Viva Voce
Weightage(%)	40	60

Programme Name: M.A.

Course code	**:**	**MPYC401**			
Course Name	**:**	**Indian Psychology**			
Semester /Year	**:**	**IVth sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the development of Indian Psychology.

2. To comprehend the Indian thought and tradition of Indian psychology.

3. To gain the knowledge of Psychological perspective of Indian psychology and its application.

Course Contents

Unit 1:

Introduction: Assumptive base of Indian Psychology; scope of Indian Psychology; methods of study; Psychological thought in Ancient India.

Unit 2:

Indian thought and tradition: Indian Psyche, Indian psychology a myth or reality, origins of sruti and smriti, content of Vedas, systems and schools of Indian Psychology, asu, prana, and manas, Atman and Jiva, models in Indian thought.

Unit 3:

Psychological Perspectives: Philosophical bases and fundamental assumptions of Upanishads, Samkhya- Yoga, Nayaya-Vaisesika, Jaina, Buddhist, Bhagwat Gita

Unit 4:

Applications of Indian Psychology: Management of Mental Health, Social Conflicts resolution, Value based Education.

Text Books:

1. Matthijs Cornelissen, R.M., Misra, G., & Varma, S. (2014). Foundations and Applications of Indian Psychology. India : Pearson

2. Rao, K.R., Paranjpe, A.C., & Dalal, A.K.(2008). Handbook of Indian Psychology. New Delhi: Foundation Books

Reference Books:

1. Kuppuswamy, B. (1985). Elements of Ancient Indian Psychology, New Delhi-110 002: Vikas Publishing House Pvt. Ltd.

2. Misra G. & Mohanty, A.K.(2001). Perspective on indigenous psychology. New Delhi: Sage.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the roots & concepts of Indian psychology development.
CO2	Explain the fundamentals of Indian psychology, indian thought & tradition and psychological perspectives of Indian psychology.
CO3	Apply the concept of Indian psychology in the management of mental health, social conflicts and increasing value based education.
CO4	Analyze the importance of the understanding of Indian psychology in present scenario.
CO5	Evaluate the concepts of indian thought and tradition & major psychological perspectives of Indian Psychology.
CO6	Develop the knowledge about Indian Psychology.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	-	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	-	2	1	1	1	2	2	1	1
CO3	2	2	2	1	-	2	1	1	2	2	2	3	3	2	1	1
CO4	2	3	2	1	-	2	1	-	2	1	2	2	3	2	1	1
CO5	3	3	3	-	-	2	1	-	2	1	1	1	2	2	1	1
CO6	3	2	2	2	-	2	2	1	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYC402**			
Course Name	**:**	**Developmental Psychology**			
Semester /Year	**:**	**IVth sem/ IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To gain knowledge of fundamental concepts about human development.
2. To evaluate normal human development.
3. To understand the theoretical perspective of each domain of development.

Course Contents

Unit 1:

Development: Nature, principles and determinants of development, Various development periods. Study methods of developmental psychology

Unit 2:

Physical development: Infancy, childhood, puberty and adolescence developmental hazards at different stages.

Unit 3:

Cognitive development: Piagetian, Vygotskian, and Information processing approaches; Language development.

Unit 4:

Socio-emotional & Moral development: Social development; Emotional development; Moral development; Middle and old age characteristics, Problems and adjustment; Successful aging.

Text Books:

Text Books:

1. Feldman, R.S. & Babu, N. (2018). Development across the life-span (8thEd.). New-Delhi: Pearson.

2. Hurlock, E. (1991). Development Psychology Mc Graw Hill, New Delhi.

Reference Books:

1. Feldman, R.S. & Babu, N. (2019). Child Development (8th Ed.). New-Delhi: Pearson.

2. Santrock, J.W. (2012). A topical approach to life-span development. New Delhi:Tata McGraw-Hill.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamental concepts about human development and the perspectives necessary to comprehend and articulate such developments.
CO2	Explain the human development from conception to late adulthood and examine the issues in the development.
CO3	Apply the understanding of human development to deal with developmental issues in real life situation
CO4	Analyze the different developmental areas contributing towards shaping human development.
CO5	Evaluate the important theoretical perspectives and methodological techniques in human development.
CO6	Develop an ability to identify the milestones (physical and cognitive) in many aspects of human development across life stages

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	1	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	1	2	1	1	1	2	1	1	1
CO3	3	2	2	1	-	2	1	2	2	2	2	3	3	2	1	1
CO4	2	3	2	1	-	2	1	1	2	1	2	2	3	2	1	1
CO5	3	3	3	-	-	2	1	1	2	1	1	-	2	2	1	1
CO6	2	2	2	2	-	2	2	2	2	2	2	3	2	3	1	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	: **MPYC403**				
Course Name	: **Community Mental Health**				
Semester /Year	: **IVth sem/ IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the community mental health and historical trend in mental health ideology.
2. To gain the knowledge of theoretical perspective of community psychology.
3. To comprehend the social dimension of Community mental health.
4. To get the Preventive approach and strategies of community mental health

Course Contents

Unit 1:

Introduction: Development of community orientation; Community mental health in India-relevance; Historical trend in mental health ideology.

Unit 2:

Theory and research in community psychology: Ecology, Epidemiology of mental health and general system theory.

Unit 3:

Social dimensions of CMH: Family and mental health in India, stigma and mental illness, disability and functioning, gender and CMH, homelessness

Unit 4:

Preventive approach and strategies: Integrating mental health services in general health care- issues and challenges, mental health education, addressing social stigma and social inclusion, community based intervention-role of governmental and non-governmental organizations, self-help groups, role of psychiatry and counseling, psychosocial rehabilitation

Text Books:

1. Chavan, B. S., Gupta, N., Arun, P., Sidana, A., & Jadhav, S. (2012). Community mental health in India. Jaypee Brothers Medical Publishers (P) Limited.

2. Heller, K. and Monahan, J. (Eds.) (1977). Psychology and Community Psychology and Community Change. The Dorsey Press, Homewood, Illions, USA.

Reference Books:

1. Bloom, B. L. (1977). Community mental health: A general introduction. Brooks/Co

2. Jacob, K. (2013). Community mental health in India. Indian Journal of Psychiatry, 55(2), 209-209.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the fundamentals of community mental health.
CO2	Explain the concepts, theories, social dimensions and preventive approach of community mental health.
CO3	Apply preventive approach and strategies for improving community mental health.
CO4	Analyze the importance of study community mental health in present scenario.
CO5	Evaluate the theories and researches of community mental health .
CO6	Develop a community mental health intervention

CO-P-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	2	2	2	1	1	1	3	2	2	1
CO2	3	2	1	-	-	2	2	2	2	1	1	1	3	2	2	1
CO3	2	2	1	1	-	2	2	2	2	2	2	2	3	2	2	1
CO4	2	2	1	-	-	2	2	2	2	1	2	2	3	2	2	2
CO5	3	2	2	-	-	2	2	2	2	1	1	1	2	2	2	1
CO6	2	2	1	1	-	2	2	2	2	2	2	3	2	3	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

ELECTIVE COURSE GROUP-A

CLINICAL PSYCHOLOGY

Course code : MPYE404a				
Course Name : Psychotherapeutic Interventions				
Semester /Year : IV sem/ IInd year				
	L	**T**	**P**	**C**
	3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To give a thorough understanding of various psychotherapeutic techniques.
2. To educate about the applications of psychotherapy.
3. To aware the students about ethics in clinical practice.

Course Contents

Unit 1:

Introduction: Historical background of psychotherapy; Principles and goals of psychotherapy; Professional training and ethics in clinical practice

Unit 2:

Psychoanalytic therapy (Freudian): Goals and assumptions; Steps; Therapeutic techniques - Free association, analysis of dreams, analysis of resistance, transference, confrontation and clarification, interpretation and working through; Role of maintaining analytic framework.

Unit 3:

Phenomenological and Humanistic existential psychotherapy: Client-centered therapy; origins, theoretical propositions, therapeutic process, diagnosis and applications; Gestalt therapy; Existential therapy.

Unit 4:

Behavioural and Interpersonal perspective: Origins; Techniques – systematic desensitization, exposure therapy, Modeling, behavioural rehearsal, contingency management, aversion therapy. Cognitive behaviour therapy- Eliss' and Beck's approach; Group, family and couples therapy.

Text Books:

1. Corey, G. (2009). Theory and practice of counselling and psychotherapy. (8thEd). Belmont, C.A: Brooks/Cole.

2. Culari, S. (1998). Foundations of clinical psychology. New York: Allyn& Bacon.

Reference Books:

1. Beck, J.S (1995). Cognitive therapy: Basic and beyond. New York: Guilford Press.

2. Walen, S.R., Digiuseppe, R., & Dryden, W. (1992). A practitioner's guide to rational emotive therapy. Oxford University Press. Inc.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamentals of psychotherapeutic intervention.
CO2	Explain the Psychoanalytic, Phenomenological & ?Humanistic and Behavioural and Interpersonal therapy and its techniques
CO3	Apply the psychotherapeutic intervention strategies for treating mental health issues.
CO4	Analyze the importance of different psychotherapeutic intervention for treating mental health disorders.
CO5	Evaluate various psychotherapeutic intervention strategies.
CO6	Develop the skill to use the psychotherapeutic intervention for the treatment of psychological disorders.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	1	1	2	2	-	2	2	1	2	3	2	1	1
CO2	3	2	1	1	1	2	2	-	2	2	1	2	3	2	1	1
CO3	2	2	1	1	1	2	2	1	2	2	2	3	3	1	2	1
CO4	2	2	2	1	1	2	2	-	2	2	2	2	3	2	2	1
CO5	3	2	2	1	1	2	2	-	2	2	1	2	2	2	1	1
CO6	3	2	2	1	1	2	2	1	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYE405a**				
Course Name	**: Developmental Disorders**				
Semester /Year	**: IV sem/ IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the Clinical Picture and Intervention techniques of various developmental disorders.

2. To comprehend the issues in integrated schooling and social inclusion.

3. To orient the role of Parenting in raising a child with impairment.

Course Contents

Unit 1:

Socio-emotional and behavioural impairments: Autism spectrum disorder, ADHD, Conduct disorder- Clinical picture, Etiology, Assessment and Treatment.

Unit 2:

Learning and reading disabilities: Dyslexia, dysgraphia, dyscalculia - Clinical picture, Etiology, Assessment and Treatment.

Unit 3:

Issues in integrated schooling and social inclusion: Teacher's training, empathy building, policy and awareness, challenges and threats to social inclusion.

Unit 4:

Parenting & Raising a child with impairment: Role of parenting, family structure, Emotional, social and legal challenges.

Text Books:

1. Carson, R.C., Butcher, J.N. & Mineka, S. (2010). Abnormal Psychology and Modern Life. New Delhi: Pearson Education, Inc. and Dorling Kindersley Publication Inc.

Reference Books:

1. Barkley, R.A. & Murphy, K.R. (2006). Attention-Deficit Hyperactivity Disorder: A clinical workbook (3rded.). New York: The Guilford Press.

2. Brobst, J. B., Clopton, J. R., &Hendrick, S. S. (2009). Parenting children with autism spectrum disorders: The couple's relationship. Focus on Autism and Other Developmental Disabilities, 24(1), 38-49.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the various developmental disorders.
CO2	Explain the Clinical picture, etiology, assessment, and intervention strategies of the developmental disorders.
CO3	Apply the knowledge of developmental disorders to understand the issues with children.
CO4	Analyze the different impairment areas and developmental issues.
CO5	Develop awareness about the various problems and difficulties associated with integrating children with developmental disabilities into society
CO6	Evaluate the role of family and parenting in raising the children with impairment.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	-	2	1	1	2	1	1	1	3	2	1	1
CO2	3	2	1	-	-	2	1	1	2	1	1	1	2	2	1	1
CO3	3	2	2	1	1	2	1	2	2	2	2	3	3	2	2	1
CO4	2	3	2	1	-	2	1	1	2	1	2	2	3	2	1	1
CO5	3	3	3	-	-	2	1	1	2	1	1	1	2	2	1	1
CO6	2	2	2	2	1	2	2	2	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	Ist internal (Assignment)	IInd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	:	**MPYE406a**			
Course Name	:	**Dissertation/ Project**			
Semester /Year	:	**IVth sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**10**	**5**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To enabled students to design and conduct an original and ethical research/ Project in the field of Clinical psychology.

2. To help students to write a Dissertation in the latest APA manual for Dissertation.

3. To help students to learn how to develop scientific research designs in the study of psychology.

4. The research can either be empirical/data based (quantitative, qualitative, or mixed-methods) or it can be in the form of a critical review of research and theory.

Course Content:

Students can visit any Mental Health care services to identify the problems, difficulties, best practises and skills. A clear statement of the problem, a review of literature, how the literature relates to the proposed study, formal research question and hypothesis, a detailed methodology, data analysis, discussion, conclusion and Reference all are included in the research proposal, which is a crucial step in the research process.

Each student's diligence in writing the research in accordance with APA guidelines will be assessed.

Text Books:

1. Mohanty, B. & Misra, S. (2016). Statistics for Behavioural and Social Sciences. New Dehi: Sage Publications India Pvt Ltd.

2. Singh, A.K. (2006). Tests, Measurement and Research Methods in Behavioural Sciences. Patna: Bharti Bhavan.

Reference Books:

1. Kerlinger, F.N. (1983). Foundations of Behavioral Research. New Delhi: Surjeet Publications.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify an appropriate research problem in the field of clinical psychology.
CO2	Explain the research problem and relevant literature review.
CO3	Apply an appropriate methodology while conducting research.
CO4	Analyse the result using appropriate statistical technique.
CO5	Justify the hypothesis.
CO6	Design an original and ethical research.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	2	2	2	1	1	2	2	2	2	1	1	1	2	2	2	2
CO2	2	2	2	1	1	2	2	1	2	1	1	1	2	2	2	2
CO3	2	2	2	1	1	2	3	2	2	2	2	3	2	2	2	3
CO4	2	3	3	1	1	2	2	1	2	1	2	2	2	2	2	2
CO5	2	2	2	1	1	2	2	1	2	1	1	-	2	2	2	2
CO6	2	3	2	1	1	2	3	2	2	2	2	3	2	2	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation method	**Internal Evaluation**		**External Evaluation**
Components	**Synopsis**	**Progress Report**	**Dissertation & Viva Voce**
Weightage(%)	**20**	**20**	**60**

Programme Name: M.A.

ELECTIVE COURSE GROUP-B

ORGANIZATIONAL PSYCHOLOGY

Course code	**:**	**MPYE404b**			
Course Name	**:**	**Human Resource Management**			
Semester /Year	**:**	**IV the Sem / IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the functions and challenges of human resource management
2. To comprehend the Human resource planning strategies.
3. To assess the training needs and evaluate the training programs.

Course Contents

Unit 1:

Introduction to human resource: Concept and functions of HRM; challenges in Global and Indian scenario; HRM for corporate excellence; Concept of equal employment opportunities

Unit 2:

Strategy and Human resource planning: Vision, Mission and Values; Environmental analysis: internal analysis; issues of HR in cultural transition.

Unit 3:

Training and Development: Assessing training needs; Training methods: on the job training, apprenticeship, business games and in-basket training; Career development and planning. Evaluating training programs.

Unit 4:

Job satisfaction: Attitudes and job satisfaction; Causes and consequences; Measurement of job satisfaction

Text Books:

1.Banfield, P., & Kay, R. (2011). Introduction to human resource management (2nd Ed.). New Delhi, India: Oxford University Press
2. Dessler,G.(2008). Human resource management.10th ed. N.D. Dorling Kindersley India Pvt Ltd.
3. Pareek,U.and Rao,T.V.(2003)Designing and managing human resource systems. N.D.:Oxford &IBH.

Reference Books:

1. Bhatnagar, J., & Budhwar, J. (2009). The changing face of people management in India. London: Routledge.
2. Cascio W.F. & Aguinis H. (2008), Applied Psychology in Human Resource Management, 6th Edition, Printice-Hall, USA

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the role and function of Human resource management.
CO2	Explain the fundamental concepts, strategies and training for Human resource management.
CO3	Apply the understanding of Human resource management in career development.
CO4	Analyze the issues & challenges with human resources in organisations.
CO5	Evaluate the job satisfaction and importance of human resource planning, training and development
CO6	Create a foundation for supporting organisations in resolving human resource challenges.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	1	-	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	-	2	1	1	1	2	1	2	1
CO3	3	2	2	1	1	2	1	-	2	2	2	3	3	2	2	1
CO4	2	3	2	-	1	2	1	-	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	-	2	1	1	-	2	2	2	1
CO6	2	2	2	2	1	2	2	-	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I st internal (Assignment)	II nd Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYE405b**			
Course Name	**:**	**Personnel Psychology**			
Semester /Year	**:**	**IV the Sem / IInd year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the functions of personnel psychology.
2. To educate about the Current practices and emerging trends of personnel psychology.
3. To orient about the Planning and methods of recruitment.

Course Contents

Unit 1:

Introduction: Nature, scope and functions of personnel psychology.

Unit 2:

Systems view of personnel psychology: Utility theory; Current practices and emerging trends.

Unit 3:

Job Analysis: Meaning and importance of job analysis and a good job description; Job evaluation.

Unit 4:

Recruitment and Personnel Selection: Planning and methods of recruitment; Selection methods: Interview, psychological tests, references, bio-data, assessment centers; Evaluating selection procedure and techniques.

Text Books:

1. Descenzo, D.A.&Robbins, S.P.(1989). Personnel human resource management. USA:Prentice-Hall

2. Aamodt,M.G.(2007).Industrial and organizational psychology: An applied approach.US: Thomson & Wadsworth.

Reference Books:

1. Mullins,L.J.(2007). Management and organizational behaviour.New Delhi: Pearson Edu.

2. Cascio W.F. & Aguinis H. (2008), Applied Psychology in Human Resource Management, 6th Edition, Printice-Hall, USA

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamentals and current trends in personnel psychology.
CO2	Explain the systems view of personnel psychology, Job Analysis and recruitment & personnel selection methods.
CO3	Apply the understanding of personnel psychology in organizational setup.
CO4	Analyze the current practices & emerging trends of personnel psychology
CO5	Evaluate the concepts and theories of personnel psychology.
CO6	Develop the ability to use the personnel psychology concepts in working set up.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	1	1	-	1	2	1	-	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	-	2	1	1	1	2	1	2	1
CO3	3	2	2	1	1	2	1	-	2	2	2	3	3	2	2	1
CO4	2	3	2	-	1	2	1	-	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	-	2	1	1	-	2	2	2	1
CO6	2	2	2	2	1	2	2	-	2	2	2	3	2	3	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYE406b**			
Course Name	**:**	**Dissertation/ Project**			
Semester /Year	**:**	**IVth sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**10**	**5**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To enabled students to design and conduct an original and ethical research / Project in the field of organizational psychology.

2. To help students to write a Dissertation in the latest APA manual for Dissertation.

3. To help students to learn how to develop scientific research designs in the study of psychology.

4. The research can either be empirical/data based (quantitative, qualitative, or mixed-methods) or it can be in the form of a critical review of research and theory.

Course Content:

Students can visit any organization / industry to identify the problems, difficulties, best practises and skills. A clear statement of the problem, a review of literature, how the literature relates to the proposed study, formal research question and hypothesis, a detailed methodology, data analysis, discussion, conclusion and Reference all are included in the research proposal, which is a crucial step in the research process.

Each student's diligence in writing the research in accordance with APA guidelines will be assessed.

Text Books:

1. Mohanty, B. & Misra, S. (2016). Statistics for Behavioural and Social Sciences. New Dehi: Sage Publications India Pvt Ltd.

2. Singh, A.K. (2006). Tests, Measurement and Research Methods in Behavioural Sciences. Patna: Bharti Bhavan.

Reference Books:

1. Kerlinger, F.N. (1983). Foundations of Behavioral Research. New Delhi: Surjeet Publications.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify an appropriate research problem in the field of organizational psychology
CO2	Explain the research problem and relevant literature review.
CO3	Apply an appropriate methodology while conducting research.
CO4	Analyze the result using appropriate statistical technique.
CO5	Justify the hypothesis.
CO6	Design an original and ethical research.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	2	2	2	1	1	2	2	2	2	1	1	1	2	2	2	2
CO2	2	2	2	1	1	2	2	1	2	1	1	1	2	2	2	2
CO3	2	2	2	1	1	2	3	2	2	2	2	3	2	2	2	3
CO4	2	3	3	1	1	2	2	1	2	1	2	2	2	2	2	2
CO5	2	2	2	1	1	2	2	1	2	1	1	-	2	2	2	2
CO6	2	3	2	1	1	2	3	2	2	2	2	3	2	2	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation		External Evaluation
Components	Synopsis	Progress Report	Dissertation & Viva voce
Weightage(%)	20	20	60

Programme Name: M.A.

ELECTIVE COURSE-GROUP-C

COUNSELING PSYCHOLOGY

Course code : **MPYE404c**				
Course Name : **Counselling Skills**				
Semester /Year : **IV the Sem / IInd year**				
	L	**T**	**P**	**C**
	3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the basic Communication skills of Counselling.

2. To orient about the exploration & action Skills of counselling.

3. To comprehend and apply the managing skills of counselling.

Course Contents

Unit 1:

Introduction: Helpers and counselling skills; Creating mind skills; Helping as a process.

Unit 2:

Basic Communication Skills: Attending skills, Listening skills, Integrating Listening Skills; Questioning skills: Types of question, areas of questions, information.

Unit 3:

Exploration & Action Skills: Exploration skills: Probe, Immediacy, Self-disclosure, Interpretation, Confrontation; Action Skills: Information giving, Advice giving, Goal setting, Reinforcement, Directives

Unit 4:

Managing skills: Managing resistance and other obstacles in counselling.

Text Books:

1. Gibson, R.L. Mitchell, M.H.(2005). Introduction to counseling and guidance (6th ed). Delhi: Pearson education pte.Ltd

2. Rao, S.N. &Sahajpal, P. (2013) Counselling and Guidance. New Delhi: Tata McGraw Hill.

3. Nelson R Jones ,(2003), Basic Counselling Skills; Sage Publication, London.

Reference Books:

1. Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th ed). Pearson.

2. Seligman,L. & Reichenberg ,L.W.(2010). Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills. 3rd Ed. Indian reprint: Pearson.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Recognize the fundamentals of counselling skills.
CO2	Explain the basic counselling skills, communication skills and exploration & action skills of counselling.
CO3	Apply the counselling skills and managing skills for managing resistance and other obstacles in counselling.
CO4	Analyze the counselling skills to facilitate the effectiveness of counselling process.
CO5	Evaluate the importance of counselling skills.
CO6	Develop the essential skills required to be an effective counsellor.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	2	2	2	2	2	2	2	3	3	2	3	1
CO4	2	3	2	1	1	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	1	2	1	1	-	2	2	2	1
CO6	2	2	2	2	2	3	2	2	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**: MPYE405c**				
Course Name	**: Guidance and Career Counselling**				
Semester /Year	**: IV the Sem / IInd year**				
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand the role of Guidance in career counselling.

2. To orient about the theories of career development and its implications for counsellors.

3. To aware about the present trends in career counselling.

Course Contents

Unit 1:

Introduction: Career counselling and process of human development; Present trends in career counselling; Guidance in career counselling.

Unit 2:

Stages in career counselling: Self-discovery, understanding the nature of work, career alternatives.

Unit 3:

Theories of Career Development: Holland's Theory of vocational personality and work environment; Super's development-self concept approach; Bandura's social learning approach; Implications of career theories for counsellors.

Unit 4:

Career counselling at school level: Career counselling at elementary school level; Career counselling at secondary school level; Individual and group counselling.

Text Books:

1. Alumni, G.Arulmani, S. (2004). Career counseling: A handbook. New Delhi:Tata McGraw-Hill Publishing Co.Ltd.

2. Gibson,R.L. Mitchell,M.H.(2003).Introduction to counseling and guidance (6th ed). Delhi: Pearson Education.

Reference Books:

1. Gladding, S. T. (2012) Counseling: A Comprehensive Profession. (7th Ed). Pearson.

2. Woolfe R. & Dryden W. (2001)Handbook of Counselling Psychology; Sage Publication, London

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Identify the fundamentals of guidance and Career Counselling
CO2	Explain the stages, theories and types of career counselling.
CO3	Apply the fundamentals of guidance and career counselling at various school levels.
CO4	Analyze the the effectiveness of guidance and career counselling in present trends.
CO5	Evaluate the importance of guidance and career counselling.
CO6	Develop the essential skills required to be an effective career counsellor.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PSO1	PSO2	PSO3	PSO4
CO1	3	1	1	-	1	2	2	1	2	1	1	1	3	2	2	1
CO2	3	2	1	-	1	2	1	1	2	1	1	1	2	1	2	1
CO3	3	2	2	1	2	2	2	2	2	2	2	3	3	2	3	1
CO4	2	3	2	1	1	2	1	1	2	1	2	2	3	2	2	1
CO5	3	3	3	-	1	2	1	1	2	1	1	-	2	2	2	1
CO6	2	2	2	2	2	3	2	2	2	2	2	3	2	3	3	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60

Course code	**:**	**MPYE406c**			
Course Name	**:**	**Dissertation/ Project**			
Semester /Year	**:**	**IVth sem / IInd Year**			
		L	**T**	**P**	**C**
		0	**0**	**10**	**5**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are:

1. To enabled students to design and conduct an original and ethical research/ Project in the field of Counselling Psychology.

2. To help students to write a Dissertation in the latest APA manual for Dissertation.

3. To help students to learn how to develop scientific research designs in the study of psychology.

4. The research can either be empirical/data based (quantitative, qualitative, or mixed-methods) or it can be in the form of a critical review of research and theory.

Course Content:

Students can visit any Mental Health care services; NGO's and Schools to identify the problems, difficulties, best practises and skills. A clear statement of the problem, a review of literature, how the literature relates to the proposed study, formal research question and hypothesis, a detailed methodology, data analysis, discussion, conclusion and Reference all are included in the research proposal, which is a crucial step in the research process.

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1. Mohanty, B. & Misra, S. (2016). Statistics for Behavioural and Social Sciences. New Dehi: Sage Publications India Pvt Ltd.

2. Singh, A.K. (2006). Tests, Measurement and Research Methods in Behavioural Sciences. Patna: Bharti Bhavan.

Reference Books:

1. Kerlinger, F.N. (1983). Foundations of Behavioral Research. New Delhi: Surjeet Publications.

Course outcomes (COs):

Upon successful completion of the course a student will be able to:

CO1	Identify an appropriate research problem in the field of counselling psychology
CO2	Explain the research problem and relevant literature review.
CO3	Apply an appropriate methodology while conducting research.
CO4	Analyze the result using appropriate statistical technique.
CO5	Justify the hypothesis.
CO6	Design an original and ethical research.

CO-PO-PSO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	2	2	2	1	1	2	2	2	2	1	1	1	2	2	2	2
CO2	2	2	2	1	1	2	2	1	2	1	1	1	2	2	2	2
CO3	2	2	2	1	1	2	3	2	2	2	2	3	2	2	2	3
CO4	2	3	3	1	1	2	2	1	2	1	2	2	2	2	2	2
CO5	2	2	2	1	1	2	2	1	2	1	1	-	2	2	2	2
CO6	2	3	2	1	1	2	3	2	2	2	2	3	2	2	2	2

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Evaluation Method	Internal Evaluation		External Evaluation
Components	Synopsis	Progress Report	Dissertation & Viva Voce
Weightage(%)	20	20	60

Programme Name: M.A.

Course code	**:**	**MPYS408**			
Course Name	**:**	**Environmental Psychology**			
Semester /Year	**:**	**IVth sem / IInd Year**			
		L	**T**	**P**	**C**
		3	**0**	**0**	**3**

L - Lecture T – Tutorial P – Practical C – Credit

Course Objectives:

The objectives of this course are

1. To understand and analyse the effect of environment and behaviour and the effect of behaviour on environment.

2. To understand the concept of ecology and sustainable development.

3. To orient about the environmental deprivation and create environmental awareness.

Course Contents

Unit 1:

Environment and Behaviour: Environmental wisdom: Evolving environmental ethics from values about Nature in the ancient Indian systems .Earth as a living system: The Gaia Hypothesis; Deep ecology; Effects of behavior on environment: perception, preferences and awareness of environment; Effects of environment on behavior: Noise pollution, chemical pollution, crowding and personal space.

Unit 2:

Ecology and Development: Human Nature and Environmental Problems; Pro-social and Pro-environment Behaviours Ecosystems and their components. Demography: Mortality and fertility. Resource Uses: Common property Resources. Sustainable Development. Ecology. Acculturation and psychological adaptation.

Unit 3:

Psychological Approaches of Environment: Eco-cultural psychology (Berry); Bio-social psychology (Dawson); Ecological psychology (Barker). Person Environment Transaction (Sokols; lttrlson).

Unit 4:

Environmental assessment: Socio-psychological dimensions of environmental impact. Environmental deprivation: Nature and consequences. Creating environmental awareness: social movements (Chipko, Their, Narmada).Naturalistic Observation and field surveys.

Text Books:

1. Bechtel,R.B and Churchman A. (2002). Handbook of Environmental Psychology. John Wiley and Sons: New York.

2. Gifford,R. (2013).Environmental Psychology: Principles and Practice. Allyn and Bacon Inc : Massacheusetts.

Reference Books:

1. Gifford,R. (2014).Environmental Psychology Matters. Annual Review of Psychology, 2014,65, 541-579.
2. Jain,U. (2012). Cultural Construction of Environmental Problems. Procedia : Social and Behavioural Sciences,68,6-15.

Course outcomes (COs):

Upon successful completion of the course a student will be able to

CO1	Illustrate the way environment and behaviour are constantly interacting with one another.
CO2	Identify the fundamentals of environmental psychology.
	Explain the concept of environment and behaviour, ecology and development, psychological approaches of environment and methods to assess the environment.
CO3	Apply the understanding of environmental psychology to deal with the environmental deprivation.
CO4	Analyze the importance of ecology and sustainable development.
CO5	Evaluate the effects of ecological deterioration
CO6	Develop the environmental ethics and awareness.

CO-PO Mapping

Course	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12	PS O1	PS O2	PS O3	PS O4
CO1	3	2	2	-	-	1	1	3	2	1	1	1	2	2	2	1
CO2	3	2	2	-	-	1	1	3	2	1	1	1	2	2	2	1
CO3	2	2	2	-	-	1	1	3	2	2	2	2	2	2	2	1
CO4	2	3	3	-	-	1	1	3	2	1	2	1	2	2	2	1
CO5	2	2	2	-	-	1	1	3	2	1	1	1	2	2	2	1
CO6	2	3	2	-	-	1	1	3	2	2	2	3	2	2	2	1

3: Highest Correlated, 2: Medium Correlated, 1: Lowest Correlated

Examination Scheme:

Components	I[st] internal (Assignment)	II[nd] Internal (Written Exam)	External (ESE)
Weightage(%)	20	20	60