## REPORT

## Shri Guru Ram Rai University's IQAC Hosts an Eminent Lecture on PCOS by

## Dr. Akriti Gupta"

## Date: August 23<sup>rd</sup> 2023

Shri Guru Ram Rai University's Internal Quality Assurance Cell (IQAC) organized a significant and informative lecture on Polycystic Ovary Syndrome (PCOS), delivered by Dr. Akriti Gupta of Shri Mahant Indresh Hospital. This event, which attracted nearly 500 students from various schools under the university, underscored the university's commitment to addressing important health issues and raising awareness among its students.

Key Highlights of the Lecture:

- 1. Expert Speaker: Dr. Akriti Gupta, a renowned expert from Shri Mahant Indresh Hospital, led the lecture. Her expertise in the field of PCOS provided valuable insights and knowledge to the participants.
- 2. Focus on PCOS: The lecture centered around Polycystic Ovary Syndrome, a common endocrine system disorder among women of reproductive age. Dr. Gupta discussed the causes, symptoms, and potential treatments for PCOS, providing essential information on this critical health issue.
- 3. High Participation: The lecture witnessed the participation of nearly 500 students from all schools under Shri Guru Ram Rai University, reflecting the high level of interest and concern regarding the topic among the university's student body.
- 4. Interactive Session: The event was interactive, with Dr. Gupta encouraging questions and discussions, allowing students to clarify doubts and understand the complexities of PCOS in depth.
- 5. Educational Impact: The lecture served as an educational platform, enhancing students' understanding of PCOS, and highlighting the importance of early diagnosis and management of the syndrome.
- 6. Holistic Approach to Student Welfare: By organizing this lecture, the IQAC demonstrated its holistic approach to student welfare, addressing not just academic but also health-related aspects that are crucial for the overall well-being of students.

The successful conduct of this lecture on PCOS by Dr. Akriti Gupta, organized by the IQAC of Shri Guru Ram Rai University, played a vital role in educating and raising awareness among students about a significant health issue. It highlighted the university's dedication to the holistic development and well-being of its student community.

