

श्री गुरु राम राय विश्वविद्यालय

उत्तराखण्ड सरकार के अधिनियम संख्या 03/2017
द्वारा स्थापित एवं यूजीसी के अधिनियम 1956
की धारा 2 (एफ) के अन्तर्गत मान्यता प्राप्त



"Quest for Excellence"

SHRI GURU RAM RAI UNIVERSITY

Estd. By Govt. of Uttarakhand, vide Shri Guru
Ram Rai University Act No. 03 of 2017 &
Recognized by UGC u/s 2(f) of UGC Act 1956

SGRRU/FF-024/Activity Form/Ver 1.0

SCHOOL OF NURSING

Activity Type: Best Practice/ CPR Awareness Programme

Session: 2025-2026

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SHRI GURU RAM RAI UNIVERSITY
SGRRIM&HS COLLEGE OF NURSING

CARDIO PULMONARY RESUSCITATION (CPR) TRAINING REPORT

VENUE: 6th floor, School of Yogic Science and Naturopathy, Pathribagh, Dehradun

DATE: 27th August 2026

TIME: 11AM- 12PM

Lecture and live demonstration Conducted for B.Sc 1st year Yogic Science Student, Pathribagh, Dehradun.

SGRRIM& HS, College of Nursing, Obstetrics & Gynecological Nursing Department conducted CPR Training Programme under the guidance of Prof G. Ramalakshmi, Dean College of Nursing and Prof. Dineshwori Paonam, H.O.D, Department of Obstetrics & Gynecological Nursing on 27/08/26 at 11:00 am. There were 33 students of SGRRU B.Sc 1st year Yogic Science Student, Pathribagh, Dehradun who were present during the Training session. The training session was introduced by Professor. Rebecca Priti Bahadur.

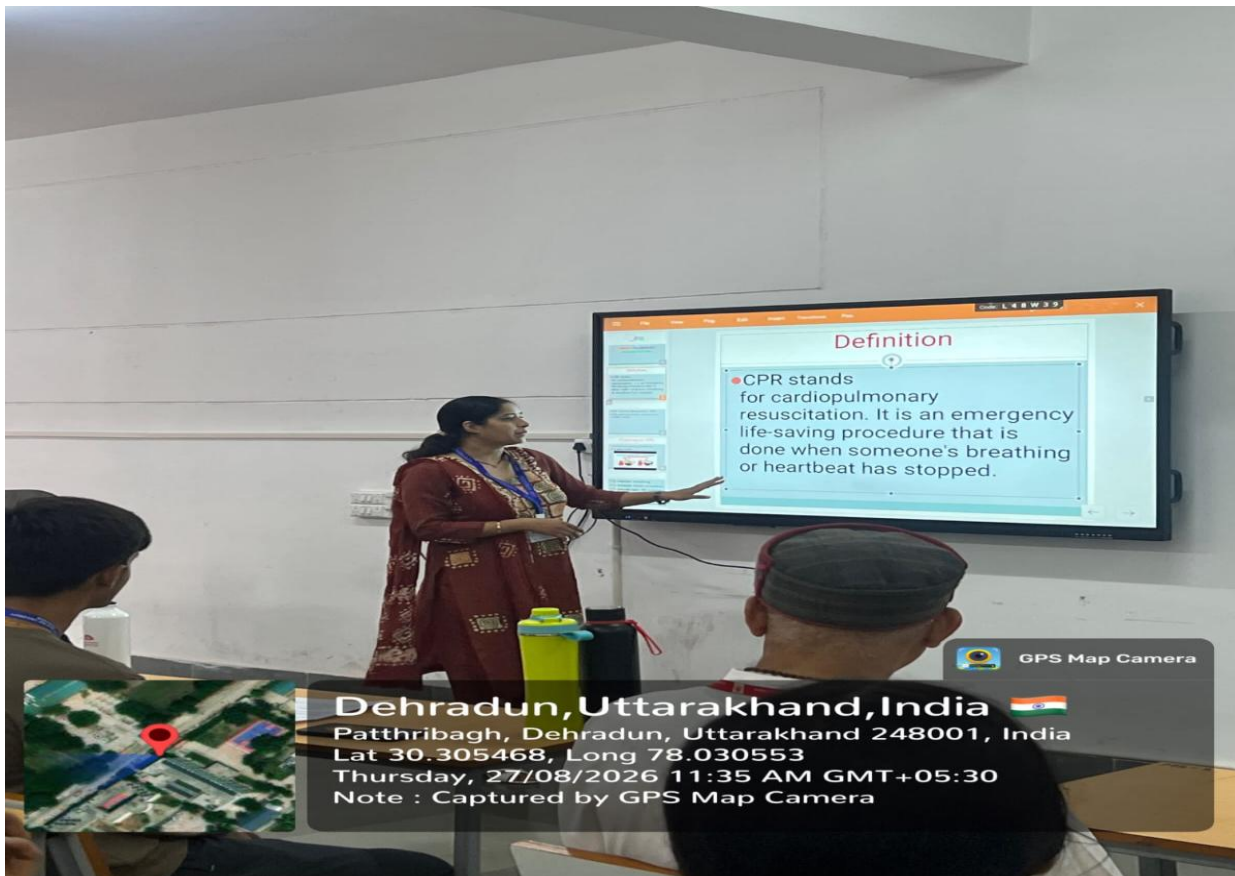
CPR is an emergency lifesaving procedure performed when a person is unresponsive and not breathing normally. It involves chest compressions and rescue breaths. The objectives are as follows:

1. To provide awareness regarding CPR and its importance in saving life during cardiac emergencies.
2. To demonstrate correct CPR techniques including chest compressions and rescue breathing.
3. To develop confidence and readiness to respond effectively during an emergency.

Training session was started with pretest followed by lecture session engaged by Ms. Pratiksha Chauhan, Nursing Tutor in the form of lecture cum discussion about the CPR and its various aspects and made the trainee aware about the importance of Cardio Pulmonary Resuscitation. Later on, Demonstration was given by Mr. Ankit, CPR Training Coordinator. Interactive session was conducted by Ms. Rosalind Beulah, Assistant Professor and Ms. Sameeksha, Nursing Tutor with students. Students were asked to do return demonstration on CPR on mannequin. Subsequently posttest was conducted.

Overall Pretest scores show 38% and overall Post-test score shows 86% signifies that the participants gained adequate knowledge from the CPR Training program after Administration of theory class & demonstration. Students were satisfied with their new learning.

NOTE: Photographs, attendance sheet, and feedback are attached below the report.





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SHRI GURU RAM RAI UNIVERSITY, COLLEGE OF NURSING CARDIO PULMONNARY RESUSCITATION (CPR) TRAINING ATTENDANCE SHEET

SL. NO.	NAME	SIGNATURE
1.	Lucky Mishra	<i>[Signature]</i>
2.	Rayal Pandey	<i>[Signature]</i>
3.	Manika	<i>[Signature]</i>
4.	Niyati Shanna	<i>[Signature]</i>
5.	Rekha Gupta	<i>[Signature]</i>
6.	Divyanshi Gudiyaal	<i>[Signature]</i>
7.	Shreya Bisht	<i>[Signature]</i>
8.	Vaish Kumar	<i>[Signature]</i>
9.	Ashish Rauthan	<i>[Signature]</i>
10.	Devanshu Kambor	<i>[Signature]</i>
11.	Samiksha	<i>[Signature]</i>
12.	Anamika	<i>[Signature]</i>
13.	Shwasti	<i>[Signature]</i>
14.	Pragati	<i>[Signature]</i>
15.	Gaushi	<i>[Signature]</i>
16.	Amrita Bisht	<i>[Signature]</i>
17.	HARISH	<i>[Signature]</i>
18.	Shaukya Singh Pandey	<i>[Signature]</i>
19.	AYUSH NARITHANI	<i>[Signature]</i>
20.	Amruth Ratul	<i>[Signature]</i>
21.	Arutya	<i>[Signature]</i>
22.	Vishal Kumar	<i>[Signature]</i>
23.	Amisha Kowal	<i>[Signature]</i>
24.	Radhika	<i>[Signature]</i>
25.	Ansh Yadav	<i>[Signature]</i>
26.	Ramita	<i>[Signature]</i>
27.	Ankush	<i>[Signature]</i>
28.	Yuvraj - S.P.	<i>[Signature]</i>
29.	Anagha Chauhan	<i>[Signature]</i>
30.	Abhishek	<i>[Signature]</i>
31.	Mayank Nartiyal	<i>[Signature]</i>
32.	Tushar Semwal	<i>[Signature]</i>
33.	Anshika	<i>[Signature]</i>
34.		



SGRRIM&HS, COLLEGE OF NURSING
PATELNAGAR DEHRADUN

सीपीआर प्रशिक्षण कार्यक्रम
FEEDBACK FORM

1. नाम- Amrita Bisht

2. तारीख- 27/08/2026

3. गाँव का नाम- Tyalni, Tehrigarhwal

4. कोई सुझाव-

I really appreciate the team of CPR. They
really teach us the technique of CPR
very well.

5. प्रतिभागी के हस्ताक्षर- Bisht



SGRRIM&HS, COLLEGE OF NURSING

PATELNAGAR DEHRADUN

सीपीआर प्रशिक्षण कार्यक्रम

FEEDBACK FORM

1. नाम- बेाधिका

2. तारीख- 27-August-2026

3. गाँव का नाम- देवप्रयाग टिहरी गढ़वाल

4. कोई सुझाव-

उ हमे आपसे life saving hack सिख कर बहुत खुशी
हुयी हम भी आगे जाकर किसी की help का
पायेंगे,

5. प्रतिभागी के हस्ताक्षर- [Signature]



SGRRIM&HS, COLLEGE OF NURSING
PATELNAGAR DEHRADUN

सीपीआर प्रशिक्षण कार्यक्रम
FEEDBACK FORM

1. नाम- Lucky Mishra

2. तारीख- 27-08-2026

3. गाँव का नाम- Kargichowk nayun Bihar-

4. कोई सुझाव-

इस कार्यक्रम से हम सभी छात्राओं को जागरूकता
समाज में किसी भी प्रकार की स्थिति में पर
लोगों को मदद करने में मदद मिलेगी।

5. प्रतिभागी के हस्ताक्षर- Lucky