



**Shri Guru Ram Rai Institute of Medical & Health Sciences
College of Nursing**

Patel Nagar, Dehradun - 248 001

Ref/ SGRRIM&HS/CON/2026- 1/22

Date: 12/08/2026

NOTIFICATION FOR ANTI-RAGGING WEEK 2026

Anti-Ragging Week 2026 is organized at SGRR College of Nursing from **12-18 August 2026** to raise awareness about the harmful effects and legal consequences of ragging and promote a **safe, respectful, and ragging-free campus**.

Program Details

- **Date:** 12/08/2026 to 18/08/2026
- **Time:** 10:00 AM onwards
- **Venue:** SGRR College of Nursing
- **Theme:** Ragging is a crime, not a tradition

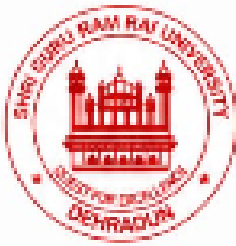
All eligible participants are encouraged to actively participate and make this event a success.

For further details, kindly contact the concerned authority:

Name: Dr. Ponmari K., Professor, SGRR College of Nursing

Contact No: 8438423715


Principal
College of Nursing
S.G.R.R.I.M.H.S.
Patel Nagar, Dehradun
By Order
Prof. Dr. G Ramalakshmi
Dean
SGRR College of Nursing
SGRR University



SHRI GURU RAM RAI UNIVERSITY

SGRRIM & HS, COLLEGE OF NURSING

Celebrates



ANTI-RAGGING

DAY & WEEK 2026

RAGGING IS A CRIME, NOT A TRADITION



Build Respect • Foster Friendship • Create a Safe Campus

SCHEDULE OF ACTIVITIES



**12
AUGUST
2026**

(ANTI-RAGGING DAY)

ANTIRAGGING AWARENESS PROGRAM

Antiragging awareness program



**13
AUGUST
2026**

SLOGAN WRITING COMPETITION



**14
AUGUST
2026**

ESSAY WRITING COMPETITION



**17
AUGUST
2026**

ANTI-RAGGING POSTERS

Display Anti-Ragging posters in all schools, hostels, cafeterias, and campus entrances.



**18
AUGUST
2026**

ANTI-RAGGING AWARENESS RALLY

Anti-Ragging Awareness Rally
by NSS students at the university level



ANTI-RAGGING PLEDGE

I pledge to maintain a ragging-free campus.
I will respect others and help create
a safe, friendly and inclusive environment.

SAY NO TO RAGGING, SAY YES TO RESPECT.

**BE A BUDDY,
NOT A BULLY**

**TOGETHER, LET'S KEEP OUR
CAMPUS RAGGING-FREE**



★ LET'S BUILD A CAMPUS OF RESPECT, DIGNITY AND FRIENDSHIP ★



SHRI GURU RAM RAI UNIVERSITY
SGRRIM & HS, COLLEGE OF NURSING
PATEL NAGER, DEHRADUN

ANTI-RAGGING WEEK REPORT

(12th August 2026 – 18th August 2026)

Introduction

As per the directives of the **University Grants Commission (UGC)** and the **Anti-Ragging Cell**, our institution **SGRRIM & HS, College of nursing** observed **Anti-Ragging Week** from **12th August 2026 to 18th August 2026** under the guidance of **Dr. Arunkumar**, Chair person of **SGRRU Anti Ragging committee**, **Prof. Dr. G. Ramalakshmi**, Dean of **SGRRIM & HS, College of Nursing**, **Dr. Ponmari. K**, Professor, **Anti Ragging Coordinator** from **SON** with the objective of creating awareness about the harmful effects of ragging and ensuring a safe, respectful, and inclusive campus environment.

Objectives

1. To create awareness regarding the prevention of ragging among students.
2. To educate students about the UGC Anti-Ragging Regulations and institutional policies.
3. To make students aware of the physical, psychological, social and academic consequences of ragging.
4. To encourage students to report incidents of ragging without fear.
5. To promote mutual respect, friendship, dignity and inclusiveness among students.
6. To strengthen the commitment towards maintaining a ragging-free campus.
7. To encourage students to become responsible members of the nursing profession.

Schedule of Activities

12 August 2026 – Anti-Ragging Awareness Programme

An Anti-Ragging Awareness Programme was conducted to mark Anti-Ragging Day. Students were sensitized about the meaning and forms of ragging, its impact on victims and the legal and disciplinary consequences associated with ragging.

The session also emphasized the importance of maintaining professional behaviour, mutual respect and a supportive learning environment in the nursing college.

Students were encouraged to immediately report any incident or suspected incident of ragging to the appropriate authority.

13 August 2026 – Slogan Writing Competition

A Slogan Writing Competition was organized to encourage students to creatively express their views against ragging.

Students prepared meaningful slogans highlighting the importance of friendship, respect, dignity, equality and a safe campus.

The activity provided an opportunity for students to communicate the message:

“Say No to Ragging – Say Yes to Respect.”

14 August 2026 – Essay Writing Competition

An Essay Writing Competition was conducted on the theme of anti-ragging awareness.

Students expressed their opinions on topics including:

- Prevention of ragging
- Effects of ragging on students
- Student rights and responsibilities
- Creating a safe and inclusive campus
- Role of students in preventing ragging
- Importance of reporting ragging incidents

The activity helped students develop awareness as well as critical thinking and communication skills.

17 August 2026 – Anti-Ragging Poster Competition & Display

An Anti-Ragging Poster Competition was organized to promote awareness through visual communication.

Students prepared creative posters carrying messages related to:

- Prevention of ragging
- Zero tolerance towards ragging
- Student safety
- Respect and dignity
- Reporting mechanisms
- Friendship and inclusiveness

The selected posters were displayed at prominent locations within the college to reinforce the anti-ragging message among students and staff.

18 August 2026 – Anti-Ragging Awareness Rally

An Anti-Ragging Awareness Rally was organized by the nursing students to conclude Anti-Ragging Week 2026.

Students participated enthusiastically and carried anti-ragging placards and slogans. The rally emphasized the message of maintaining a ragging-free educational environment and encouraged students to stand together against all forms of ragging.

The rally promoted the values of respect, dignity, friendship, unity and responsibility.

Anti-Ragging Pledge

As part of the programme, students were encouraged to take the Anti-Ragging Pledge and reaffirm their commitment to maintaining a safe and respectful campus.

“I pledge to maintain a ragging-free campus. I will respect my fellow students and help create a safe, friendly and inclusive learning environment. I will neither participate in nor encourage ragging in any form. I will immediately report any incident of ragging to the appropriate authority.”

Student Participation

Students actively participated in all the activities organized during Anti-Ragging Week. The programmes provided an effective platform for students to understand their responsibilities and contribute towards creating a positive academic environment.

The creative competitions and awareness activities also encouraged students to communicate the anti-ragging message among their peers.

Outcome of the Programme

The Anti-Ragging Day & Week 2026 programme successfully:

- Increased awareness regarding the prevention of ragging.
- Reinforced the importance of a zero-tolerance approach towards ragging.
- Educated students about their rights and responsibilities.
- Encouraged students to report ragging incidents.
- Promoted friendship, respect and dignity among students.
- Strengthened the commitment towards a safe and inclusive campus.
- Encouraged active student participation in anti-ragging initiatives.

Conclusion

The Anti-Ragging Day & Week 2026 programme at SGRRIM & HS, College of Nursing, Shri Guru Ram Rai University was successfully conducted from 12–18 August 2026 through a series of awareness, creative and outreach activities.

The programme reinforced the message that ragging is unacceptable and has no place in a professional educational institution. The active involvement of students helped strengthen the collective commitment towards maintaining a safe, respectful and ragging-free campus.

“TOGETHER, LET’S KEEP OUR CAMPUS RAGGING-FREE!”





