

A Report on Personality Development Program

Six Days Personality Development Program

From

July 24 ,2024 - July 30,2024

Organized by

Training and Placement Department

Shri Guru Ram Rai University

by

Naandi Foundation

Report of the event

Introduction

The Training and Placement Department of Shri Guru Ram Rai University, in collaboration with the Naandi Foundation, organized a six-day Personality Development Program from July 24, 2024, to July 30, 2024. The program aimed to enhance the personality and soft skills of students, preparing them for successful careers.

Objectives

The primary objectives of the program were:

- To improve communication skills
- To build self-confidence and self-esteem
- To develop leadership qualities
- To enhance time management and organizational skills
- To prepare students for job interviews and group discussions

Program Schedule

Day 1:

- **Topic:** Introduction to Personality Development
- **Activities:** Ice-breaking sessions, self-introduction exercises

Day 2:

- **Topic:** Communication Skills
- **Activities:** Role-playing, public speaking exercises

Day 3:

- **Topic:** Confidence Building and Self-Esteem
- **Activities:** Group discussions, confidence-building exercises

Day 4:

- **Topic:** Leadership Skills
- **Activities:** Team-building activities, leadership role-play

Day 5:

- **Topic:** Time Management and Organizational Skills
- **Activities:** Time management games, planning exercises

Day 6:

- **Topic:** Interview and Group Discussion Preparation

- **Activities:** Mock interviews, group discussions, feedback sessions

Participation

The program saw enthusiastic participation from over 100 students from Management , yogic sciences & Humanities departments of the university. The students actively engaged in the activities and showed a keen interest in learning and improving their skills.

Feedback

The feedback from the participants was overwhelmingly positive. Many students reported significant improvements in their confidence levels and communication skills. They appreciated the interactive nature of the sessions and the practical exercises that helped them apply the concepts learned.

Conclusion

The Six Days Personality Development Program was a resounding success. It achieved its objectives of enhancing the personality and soft skills of the students. The Training and Placement Department, along with the Naandi Foundation, is committed to organizing more such programs in the future to continue supporting the holistic development of students.

Personality Development Program Notice

July 15, 2024

**Training and Placement Cell
Soft Skill Training Program
Organized by Training & Placement cell
Supported by Nandi foundation**

NOTICE

This is to inform that we are starting PDP batches from July 22,2024 for interview preparation of students. The classes will be conducted for Six days from 10.00 am to 5.00 pm. This program is for all school students and for all batches.

We need the following details

- 1. Student Name**
- 2. Branch**
- 3. Adhaar card No.**
- 4. Contact No.**
- 5. Email Id**
- 6. Date of Birth**

Interested students can register on the link below:

https://docs.google.com/forms/d/e/1FAIpQLSdQfaTMg96aP2Q9eQvaexhHIWMkgmc_QdHSypskRmXUzKgHAw/viewform?usp=pp_url

The Mahindra Pride Classroom aims to help students to:

- Develop an identity and improve their self-esteem.
- Manage emotions and overcome obstacles.
- Build relationships and polish their interpersonal skills.
- Enhance and improve employability skills.
- Improve personal and professional effectiveness

What does the Mahindra Pride Classroom programme consist of?

- Life Skills - compassion, respect, gratitude, being a responsible global citizen
- Soft Skills - grooming, body language, teamwork, time management, social manners, etc.
- Communication Skills - functional English and the ability to express themselves clearly in the local language
- Presentation Skills - speaking clearly, coherently and confidently.
- Interview Skills - resume preparation, interview questions, mock interviews

The colleges will source the students for the training program by providing necessary filters to select deserving students.

- a.) They will be grouped into batches of maximum 50.
- b.) The students will be trained on the skills suggested in the plan accordingly.
- c.) After the session a post assessment test will be conducted
- d.) Trainers will be deployed by Mahindra Pride Classroom depending on the number of batches.
- e.) Naandi will conduct '*Train the Trainers*' before the start of the program.
- f.) Distance tracking reports and daily attendance will be administered.
- g.) Classes shall be conducted within the premises either in class rooms or in the Soft Skills lab.

h.) For English sessions, Naandi Foundation shall use the Language lab and the Computer lab available in the college.

i.) Project should be completed just before the placement drive starts for effective results.

j.) Mahindra Pride Classrooms **shall not charge any fee** for the program since it is part of the CSR program of the Mahindra and Mahindra Group.

k.) Mahindra Pride Classroom will provide training certificates to the candidates.



Framework for 40 hours - Offline Sessions

Program Goal	1. To help students overcome their fear of speaking in English			
	2. To instill confidence in students and make them socially aware and responsible citizens			
	3. To equip learners with the necessary skills and knowledge required to enhance their employability and succeed in the job force			
	4. To increase students employability quotient			
Day	Sl.No.	Session Title	Duration	Skill
1	1	I am Unique	2 hrs	Life Skill
	2	Body Language & Professional grooming	2 hrs	Soft Skill
	3	Model to Mould	2 hrs	Interview Skill
2	4	English - Language for Career	2 hrs	Communication Skill
	5	Digital Identity	2 hrs	Life Skill
	6	My favorite Teacher!	2 hrs	Soft Skill
3	7	Creating a PPT	2 hrs	Soft Skill
	8	Group Discussion	2 hrs	Interview Skill
	9	Embracing Change	2 hrs	Life Skill
4	10	Art of Speaking	2 hrs	Soft Skill
	11	Creativity & Innovation	2 hrs	Life Skill
	12	Problem Solving	2 hrs	Life Skill
5	13	PPT Presentation	2 hrs	Presentation Skill
	14	Handling workplace conflict	2 hrs	Life Skill
	15	Emotional Intelligence	2 hrs	Soft Skill
5 days 20 Sessions 40hours				

In Life Skills training, following topics are covered:

1. Organizational Structure
2. Public Speaking
3. Presentation Skills
4. E-mail Etiquette
5. Grooming
6. Group Discussion
7. Personal Interview
8. Assessment will be conducted on Group Discussion and Personal Interview.

There is no fee for this training program.

For any queries, you are requested to contact undersigned

Thanks and Best Regards
Dr. Manisha Maiduly
Associate Professor - SMCS
Placement Incharge - SGRRU.
Shri Guru Ram Rai University.

Copy to –
Honorable Chancellor
Honorable Vice - Chancellor for kind information, please
Dr. R.P Singh, University Coordinator
Concerned Deans
Concerned TPO's
Registrar Office

CREATIVE OF PERSONALITY DEVELOPMENT PROGRAM



PDP Training Program

for SGRR University Students

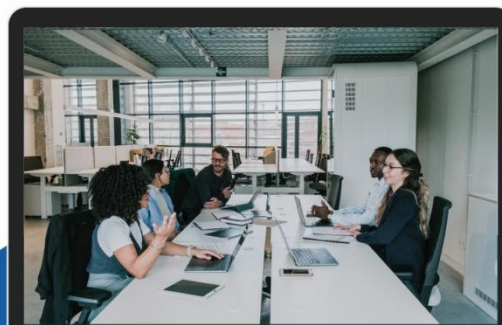
by Naandi Foundation – Mahindra Pride Classroom

- Public Speaking
- Presentation Skills
- E-mail Etiquette
- Grooming
- Group Discussion
- Personal Interview

22 July 2024 to 27 July 2024

10:00AM - 01:00PM

SGRR University, Patel Nagar Campus



Organized by

Training and Placement Cell

Glimpse of Personality Development Program

