



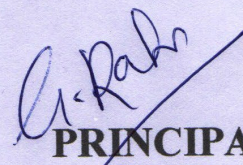
Shri Guru Ram Rai Institute of Medical & Health Sciences
College of Nursing
Patel Nagar, Dehradun - 248 001

Ref. No./SGRRIM&HS/CON/2025-871

Date: 16-05-2025

NOTIFICATION: NUTRITIONAL PROGRAMME UNDER BEST PRACTICE

This is to inform you that SGRR College of Nursing is organizing Nutrition practical programme under BEST PRACTICE Serving Therapeutic Diet to hospital patients on 17/05/2025 at SMIH (Ortho Ward) from 11Am onwards you all are cordially invited.


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SHRI GURU RAM RAI UNIVERSITY

SGRRIM&HS COLLEGE OF NURSING,

PATEL NAGAR DEHRADUN

REPORT ON NUTRITION PRACTICAL PROGRAM

UNDER BEST PRACTICE

SERVING THERAPEUTIC DIET TO PATIENTS

SGRRIM&HS College of Nursing, B.Sc II Semester students organized Nutrition Practical Program under Best Practice on 17th May 2025 serving Therapeutic Diet under the guidance of Dr. G Ramalakshmi, Dean SGRRIM & HS, College of Nursing and supervision of the Class Co-Ordinator Mrs. Sheenu Singh and Ms. Simran Michael SGRRIM & HS, College of Nursing.

The therapeutic diet was prepared for patients of Shri Mahant Indires Hospital Ortho Ward. The therapeutic Diet was Calcium Rich Diet. Students gave Health Education to patients and their relatives regarding Calcium Sources, its functions, Recommended Dietary Allowance of Calcium and also explained the quantity of Calcium provided by the meal prepared by students.





Positive feedback was given by patients after having the meal. A total of 25 patients were provided therapeutic diet.





All of the patients liked the meal and appreciated.

The patients gained knowledge regarding the Calcium Rich Diet.



The food was also evaluated by the Ward Incharge and Nursing Staff of Ortho Ward.



