



**Shri Guru Ram Rai Institute of Medical & Health Sciences
College of Nursing**

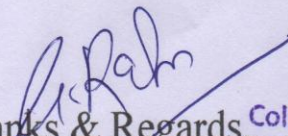
Patel Nagar, Dehradun - 248 001

Ref. No./SGRRIM&HS/CON/2025- 860

Date: 23/04/2025

**NOTIFICATION: NUTRITIONAL PROGRAMME UNDER BEST
PRACTICE**

This is to inform you all. that SGRRIM&HS College of Nursing is organizing Nutrition practical programme under BEST PRACTICE Serving Therapeutic Diet to hospital patients on 25/04/2025 at SMIH (Medicine Ward 4) from 12 pm onwards. You all are cordially invited.


Thanks & Regards,
Dean

Principal
College of Nursing
S.G.R.R.I.M.H.S.
Patel Nagar, Dehradun

SGRRIMHS, COLLEGE OF NURSING



SHRI GURU RAM RAI UNIVERSITY
SGRRIM&HS COLLEGE OF NURSING
PATEL NAGAR DEHRADUN

REPORT ON NUTRITION PRACTICAL PROGRAM

UNDER BEST PRACTICE

SERVING THERAPEUTIC DIET TO PATIENTS

SGRRIM&HS College of Nursing, B.Sc II Semester students organized Nutrition Practical Program under Best Practice on 25th April 2025 serving Therapeutic Diet under the guidance of Dr. G Ramalakshmi, Dean SGRRIM & HS, College of Nursing and supervision of the Class Co-Ordinator Mrs. Sheenu Singh and Ms. Simran Michael along with Mrs. Pragati Rawat and Mrs. Garima Nursing Tutor at SGRRIM & HS, College of Nursing.

The therapeutic diet was prepared for patients of Shri Mahant Indresh Hospital Medicine IV. The therapeutic Diet was Iron Rich Diet. Students gave Health Education to patients and their relatives regarding Iron Sources, Its functions, Recommended Dietary Allowance of Iron and also explained the quantity of Iron provided by the meal students have prepared.





Positive feedback was given by patients after having the meal. A total of 35 patient were provided therapeutic diet.





All of the patients liked the meal and appreciated.

The patients gained knowledge regarding the Iron Rich Diet.



The food was also evaluated by the Ward Incharge Mrs. Ranjeeta Kundan and Nursing Staff of Medicine Ward IV.

