



SHRI GURU RAM RAI UNIVERSITY, DEHRADUN - 248 001

School of Yogic Science & Naturopathy

External Exam Date Sheet for End Semester May-2025

(Regular/ Supplementary Examination)

B.Sc. in Yogic Science, Sem.-2nd

Time - Evening 02:30 PM to 05:00 PM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. in Yogic Science	Second	YOGDC201	Patanjal Yoga Darshana	16-05-2025	Friday
		YOGDC202	Human Anatomy and Physiology-I	20-05-2025	Tuesday
		FNDGE201	Food Safety and Preservation	22-05-2025	Thursday
		AEC201	Environmental Studies-I	24-05-2025	Saturday
		YOGSEC201	Introduction to Mantra Therapy	27-05-2025	Tuesday
		YOGVC201	Introduction of Meditation	29-05-2025	Thursday

B.Sc. in Yogic Science, Sem.-4th

Time - Afternoon 11:30 AM to 02:00 PM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. in Yogic Science	Fourth	YOGDC401	Essence of Bhagavad Gita for Holistic Living	15-05-2025	Thursday
		YOGDC402	Methods of Teaching Yoga	17-05-2025	Saturday
		YOGDE401	Introduction of Ayurveda	19-05-2025	Monday
		AEC401	Environmental Studies-II	21-05-2025	Wednesday
		YOGSEC401	Introduction to Mantra Therapy	23-05-2025	Friday
		YOGVC401	Yoga & Self-Management	26-05-2025	Monday

B.Sc. in Yogic Science, Sem.-6th

Time - Morning 08:30 AM to 11:00 AM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
B.Sc. In Yogic Science	Sixth	YOGMC601	Yoga and Holistic Health	15-05-2025	Thursday
		YOGMC603	Fundamentals of Biochemistry	17-05-2025	Saturday
		HISGE-601	Environmental Issue in India	19-05-2025	Monday
		YOGVC601	Yoga and Mental Health	21-05-2025	Wednesday
		YOGCC601	First Aid and Health	23-05-2025	Friday

M.Sc. in Yogic Science, Sem.-2nd

Time - Evening 02:30 PM to 05:00 PM

Course Programme	Semester	Subject Code	Subject Name	Date	Day
M.Sc. in Yogic Science	Second	MYSC201	Patanjal Yoga Darshan	16-05-2025	Friday
		MYSC202	Biomechanics and Kinesiology	20-05-2025	Tuesday
		MYSC203	Applications of Yogic Texts	22-05-2025	Thursday
		MYSC204	Human Anatomy, Physiology and Yoga-2	24-05-2025	Saturday

M.A. in Human Consciousness and Yogic Science, Sem.-2nd				Time - Evening 02:30 PM to 05:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.A. in Human Consciousness and Yogic Science	Second	MYHC201	Patanjal Yoga Darshan	16-05-2025	Friday	
		MYHC202	Human Consciousness	20-05-2025	Tuesday	
		MYHC203	Applications of Yogic Texts	22-05-2025	Thursday	
		MYHC204	Human Anatomy, Physiology and Yoga-2	24-05-2025	Saturday	

M.Sc. in Yogic Science and Alternative Therapies, Sem.-2nd				Time - Evening 02:30 PM to 05:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.Sc. in Yogic Science and Alternative Therapies	Second	MYAC201	Patanjal Yoga Darshan	16-05-2025	Friday	
		MYAC202	Introduction to Ayurveda & Panchkarma	20-05-2025	Tuesday	
		MYAC203	Applications of Yogic Texts	22-05-2025	Thursday	
		MYAC204	Human Anatomy, Physiology and Yoga-2	24-05-2025	Saturday	

M.Sc. in Yogic Science and Naturopathy, Sem.-2nd				Time - Evening 02:30 PM to 05:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.Sc. in Yogic Science and Naturopathy	Second	MYNC201	Patanjal Yoga Darshan	16-05-2025	Friday	
		MYNC202	Introduction to Ayurveda & Panchkarma	20-05-2025	Tuesday	
		MYNC203	Application of Yogic Texts	22-05-2025	Thursday	
		MYNC204	Human Anatomy, Physiology and Yoga-2	24-05-2025	Saturday	

M.Sc. in Yogic Science, Sem.-4th				Time - Afternoon 11:30 AM to 02:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.Sc. in Yogic Science	Fourth	MYSC401	Yoga and Psychology	15-05-2025	Thursday	
		MYSC402	Physiological Effects of Yoga Practices	17-05-2025	Saturday	
		MYSE403B	Principles of Naturopathy	19-05-2025	Monday	

M.A. in Human Consciousness and Yogic Science, Sem. 4th				Time - Afternoon 11:30 AM to 02:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.A. in Human Consciousness and Yogic Science	Fourth	MYHC401	Yoga and Psychology	15-05-2025	Thursday	
		MYHC402	Yoga and Alternative Therapies	17-05-2025	Saturday	
		MYHE403B	Principles of Naturopathy	19-05-2025	Monday	
		MYHE404A	Essay	21-05-2025	Wednesday	

M.Sc. in Yogic Science and Alternative Therapies, Sem.-4th				Time – Afternoon 11:30 AM to 02:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
MSc. in Yogic Science and Alternative Therapies	Fourth	MYAC401	Biomechanics and Kinesiology	15-05-2025	Thursday	
		MYAC402	Introduction of Acupressure and Marma Therapy	17-05-2025	Saturday	
		MYAE403A	Introduction of Mantra and Yajna Therapy	19-05-2025	Monday	
M.Sc. in Yogic Science and Naturopathy, Sem.-4th				Time – Afternoon 11:30 AM to 02:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	
M.Sc. in Yogic Science and Naturopathy	Fourth	MYNC401	Biomechanics and Kinesiology	15-05-2025	Thursday	
		MYNC402	Chromo and Massage Therapy	17-05-2025	Saturday	
		MYNE403B	Traditional & Clinical Diagnostic	19-05-2025	Monday	