## REPORT ON NUTRITION PRACTICAL PROGRAM UNDER BEST PRACTICE SERVING THERAPEUTIC DIET

SGRRIM& HS, College of Nursing, FUNDAMENTAL OF NURSING DEPARTMENT conducted Nutrition Practical program under BEST PRACTICE serving Therapeutic Diet under the guidance of Prof Dr. G. Ramalakshmi Dean, College of Nursing SGRRIM&HS College of Nursing, Shri Guru Ram Rai University. The Guidance was given by Mrs. Pragati Rawat, Ms. Garima, Ms. Simran.



Therapeutic diet for Hypertensive patients in Medicine Ward Unit IV of Shri Mahant Indresh Hospital was prepared by Students. The patients were given a health talk on Hypertension, its causes, management, prevention and complications.







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Positive feedback was given by patients after having the meal. Total 29 patients were provided by Therapeutic Diet.90% of the patients liked the meal and all of them gained the knowledge regarding Hypertension.



