

SGRR UNIVERSITY,SGRRIM & HS COLLEGE OF NURSING

Report on Training of Nursing Students in Basic Life Support (BLS)

Basic Life Support (BLS) training was provided to B.Sc Nursing 3rd semester students on 5th-7th June 2023 at Department of Anesthesiology, SMI Hospital. An overview of BLS training program was provided to the students which highlighted a set of clinical interventions for the immediate emergency management of cardiac arrest, heart attack and other life threatening medical emergencies as well as knowledge and skills to apply those interventions. The major algorithm in the guidelines was the Cardiac Arrest Algorithm. During the course, the students got training in essential skills individually, as part of a team. The students learned the basics of resuscitation like chest compressions, adult breaths. Realistic simulations were focused on the following key concepts: proficiency in recognizing and initiating early management of periarrest conditions and the supportive care, identifying and treating, recognizing other life-threatening clinical situations such as cardiac arrest and providing initial care, applying BLS algorithms and effective resuscitation team dynamics. At the beginning and end of the course, students appeared for a written test to evaluate the knowledge on clinical interventions for the emergency management of life threatening conditions.

