



## Details of health camp:



Details of health camp are as follows:

The Health awareness programme was initiated with the interactive session on various health aspects as role of Balance diet, Health schemes and Government policies ,Health of adolescent girl child etc at 10:00 am in the assembly of the students present in the intermediate government school of village Ramnagar .

The informative session was started with the speech of Prof. (Dr.) Pooja Jain, patron of Unnayan Council, SMCS. The program was graced by the speech of Dr. Bincy Pothen, HOD of Hospital Administration, SMCS. Dr. Sushant Nathawal hosted the program. He also informed about the benefits of health and healthy eating habits. A skilful presentation on yoga was carried out

showcasing the types and benefits of yoga and yoga poses. A quick student interactive session was also carried out.



In the health camp the registration of the local people was done with recording their vitals like weight, height and blood pressure. The people were directed to six different departments as per their health conditions namely, General medicine, Obs/Gynae, Ophthalmology , Dental, AYUSH (Ayurveda) consultations and Physiotherapy, where renowned doctors were present for the health check-up and consultation.

साहल दरगाह  
**स्वास्थ्य शिविर का ग्रामीणों  
ने उठाया लाभ**  
डोईवाला : ग्राम थानों में गुरु रामराय  
विश्वविद्यालय की ओर से आयोजित  
स्वास्थ्य शिविर में छात्र-छात्राओं  
के साथ रामनगर डांडा, थानों कोटी  
मयचक, ग्राम कुडियाल के कई  
ग्रामीणों स्वास्थ्य परीक्षण कराकर  
लाभ उठाया। ग्राम प्रधान महेश  
कुकरेती एवं प्रधान रेखा बहुगुणा ने  
बताया कि इस तरह के आयोजनों  
से ग्रामीणों का स्वास्थ्य परीक्षण  
हो जाता है। इसलिए ऐसे शिविर  
समय-समय पर लगते रहनी चाहिए।  
शिविर में महंत इंदिरेश हस्पिटल के  
चिकित्सक डा. पूजा जैन, डा. बिंसी,  
डा. सुशांत ने सहयोग दिया। (संस)

Two villages are in the process of adoption for their overall development .  
Time-to-time, many activities like education, health awareness program etc. will  
be conducted in the future having long-term goals.