

**SHRI GURU RAM RAI UNIVERSITY, DEHRADUN - 248001****School of Yogic Science & Naturopathy****External Exam Date Sheet for End Semester December-2025 (Regular and Supplementary)****B.Sc. in Yogic Science, Sem - I****Time - Morning 10:30 AM to 01:00 PM**

Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
B.Sc. in Yogic Science	First	YOGDC101	Foundations of Yoga	03-12-2025	Wednesday	63
		YOGDC102	Introduction to Hath Yoga and It's Texts	05-12-2025	Friday	63
		HISGE101	Orality and Oral Culture in India	09-12-2025	Tuesday	63
		YOGVC101	Introduction of Pranayama	11-12-2025	Thursday	63
		AEC101	English Communication Skills: Listening & Speaking Skills	13-12-2025	Saturday	63

B.Sc. in Yogic Science, Sem - III**Time - Morning 10:30 AM to 01:00 PM**

Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
B.Sc. in Yogic Science	Third	YOGDC301	Essence of Principal Upanishads	10-12-2025	Wednesday	75
		YOGDC302	Human Anatomy & Physiology-II	12-12-2025	Friday	75
		YOGDE301	Introduction to AYUSH	15-12-2025	Monday	75
		YOGSEC301	Basis of Yagya Therapy	17-12-2025	Wednesday	75
		AEC301	English Communication Skills: Reading & Writing Skills	19-12-2025	Friday	75
		YOGVC301	Yoga & Self-Management	22-12-2025	Monday	75

B.Sc. in Yogic Science, Sem - V**Time - Evening 02:00 PM to 04:30 PM**

Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
B.Sc. in Yogic Science	Fifth	YOGDC501	Basis of Yoga Therapy	02-12-2025	Tuesday	76
		YOGDC502	Human System According to Yoga	04-12-2025	Thursday	76
		YOGDE501	Fundamental of Naturopathy	06-12-2025	Saturday	76
		FNDGE501	Food Preservation	08-12-2025	Monday	76

M.Sc. in Yogic Science, Sem - I**Time - Evening 02:00 PM to 04:30 PM**

Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science	First	MYSC101	Fundamentals of Yoga	03-12-2025	Wednesday	45
		MYSC102	Yogic Concepts in Principal Upanishads	05-12-2025	Friday	45
		MYSC103	Applications of Hatha Yoga	09-12-2025	Tuesday	45
		MYSC104	Human Anatomy, Physiology and Yoga-1	11-12-2025	Thursday	45

M.A. in Human Consciousness and Yogic Science, Sem - I				Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.A. in Human Consciousness and Yogic Science	First	MYHC101	Fundamentals of Yoga	03-12-2025	Wednesday	44
		MYHC102	Yogic Concepts in Principal Upanishads	05-12-2025	Friday	44
		MYHC103	Applications of Hatha Yoga	09-12-2025	Tuesday	44
		MYHC104	Human Anatomy, Physiology and Yoga-1	11-12-2025	Thursday	44

M.Sc. in Yogic Science and Alternative Therapies, Sem - I				Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science and Alternative Therapy	First	MYAC101	Fundamentals of Yoga	03-12-2025	Wednesday	28
		MYAC102	Yogic Concepts in Principal Upanishads	05-12-2025	Friday	28
		MYAC103	Applications of Hatha Yoga	09-12-2025	Tuesday	28
		MYAC104	Human Anatomy, Physiology and Yoga-1	11-12-2025	Thursday	28

M.Sc. in Yogic Science and Naturopathy, Sem - I				Time - Evening 02:00 PM to 04:30 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science and Naturopathy	First	MYNC101	Fundamentals of Yoga	03-12-2025	Wednesday	26
		MYNC102	Yogic Concepts in Principal Upanishads	05-12-2025	Friday	26
		MYNC103	Applications of Hatha Yoga	09-12-2025	Tuesday	26
		MYNC104	Human Anatomy, Physiology and Yoga-1	11-12-2025	Thursday	26

M.Sc. in Yogic Science, Sem - III				Time - Morning 10:30 AM to 01:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science,	Third	MYSC301	Statistics and Research Methodology in Yoga	02-12-2025	Tuesday	40
		MYSC302	Therapeutic Yoga	04-12-2025	Thursday	40
		MYSE303A	Teaching Methodology in Yoga	06-12-2025	Saturday	40
		MYSE304B	Diet and Nutrition in Yoga	08-12-2025	Monday	40

M.A. in Human Consciousness and Yogic Science, Sem - III				Time - Morning 10:30 AM to 01:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.A. in Human Consciousness and Yogic Science,	Third	MYHC301	Statistics and Research Methodology in Yoga	02-12-2025	Tuesday	34
		MYHC302	Therapeutic Yoga	04-12-2025	Thursday	34
		MYHE303A	Teaching Methodology in Yoga	06-12-2025	Saturday	34
		MYHE304B	Diet and Nutrition in Yoga	08-12-2025	Monday	34
M.Sc. in Yogic Science and Alternative Therapy, Sem - III				Time - Morning 10:30 AM to 01:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science and Alternative Therapy	Third	MYAC301	Statistics and Research Methodology in Yoga	02-12-2025	Tuesday	20
		MYAC302	Introduction of Pranic Healing and Magnet Therapy	04-12-2025	Thursday	20
		MYAE303A	Therapeutic Yoga	06-12-2025	Saturday	20
		MYAE304B	Diet and Nutrition in Yoga	08-12-2025	Monday	20
M.Sc. in Yogic Science and Naturopathy, Sem - III				Time - Morning 10:30 AM to 01:00 PM		
Course Programme	Semester	Subject Code	Subject Name	Date	Day	Number of Students
M.Sc. in Yogic Science and Naturopathy	Third	MYNC301	Statistics and Research Methodology in Yoga	02-12-2025	Tuesday	19
		MYNC302	Principles of Naturopathy, Hydro and Mud Therapy	04-12-2025	Thursday	19
		MYNE303A	Therapeutic Yoga	06-12-2025	Saturday	19
		MYNE304B	Diet, Nutrition and Fasting Therapy	08-12-2025	Monday	19



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