



**Shri Guru Ram Rai Institute of Medical & Health Sciences
College of Nursing**

Patel Nagar, Dehradun - 248 001

SGRR/CON/2025-

06-10-2025

**NOTIFICATION FOR OBSERVATION OF WORLD MENTAL
HEALTH DAY**

**COLLEGE OF NURSING / SGRR
DEPARTMENT OF MENTAL HEALTH NURSING**

☞ NOTIFICATION

Subject: *Observation of World Mental Health Day – 10th October 2025*

The Department of Mental Health Nursing is organizing a program to observe **World Mental Health Day** on **10th October 2025**.

The theme for this year is “**Access to Services – Mental Health in Catastrophes and Emergencies.**” From climate disasters to conflicts and pandemics, millions are affected not just physically but mentally. This year’s campaign aims to make mental health services available, affordable, and accessible — even in the toughest situations.

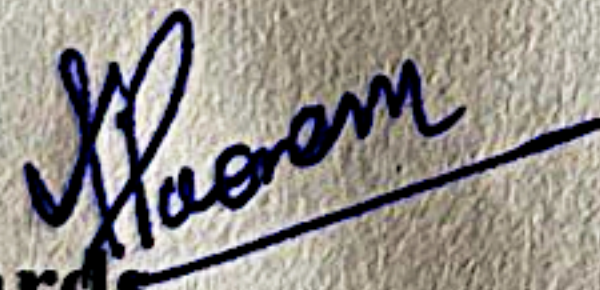
All students and faculty members are requested to participate actively in the program.

Venue: [SGRR College of Nursing]

Date: 8th & 9th October 2025

Time: [10:00am]

Your cooperation and enthusiastic participation are highly appreciated.


Warm regards,

Dr. G Ramalakshmi

Dean

SGRR College of Nursing, SGRR University