



**Shri Guru Ram Rai Institute of Medical & Health Sciences**  
**College of Nursing**  
Patel Nagar, Dehradun - 248 001

Ref. No./SGRRIM&HS/CON/2025-

Date: 12-07-2025

## **NOTIFICATION: NUTRITIONAL PROGRAMME UNDER BEST PRACTICE**

This is to inform you that SGRR College of Nursing is organizing Nutrition practical Programme under BEST PRACTICE Serving Therapeutic Diet to hospital patients on 12/07/2025 at SMIH (Surgery Ward IV) from 11Am onwards you all are cordially invited.

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**SHRI GURU RAM RAI UNIVERSITY**



**SGRRIM & HS  
COLLEGE OF NURSING  
SERVING THERAPEUTIC DIET  
BEST PRACTICES**

**ORGANIZED BY  
BSC NURSING 2ND  
SEMESTER  
VENUE:- SURGERY IV  
DATED:- 12.07.25**





**SHRI GURU RAM RAI UNIVERSITY**  
**SGRRIM&HS COLLEGE OF NURSING PATEL**  
**NAGAR DEHRADUN**

**REPORT ON NUTRITION PRACTICAL PROGRAM UNDER BEST  
PRACTICE**

**SERVING THERAPEUTIC DIET TO PATIENTS**

SGRRIM&HS College of Nursing B.Sc. II Semester students organized Nutrition Practical Program under Best Practice on 12<sup>th</sup> July 2025 serving Therapeutic Diet under the guidance of Dr. G Ramalakshmi, Dean SGRRIM&HS, College of Nursing and supervision of the Class Co-Ordinator Mrs. Sheenu Singh and Ms. Simran Michael along with Mrs. Pragati Rawat and Mrs. Garima, Nursing Tutor at SGRRIM&HS, College of Nursing.

The therapeutic diet was prepared for patients of Shri Mahant Indresh Hospital Surgery IV. The therapeutic Diet was Fiber rich Diet. Students gave Health Education to patients and their relatives regarding fiber Sources, functions and advantages of fiber.





Positive feedback was given by patients after having the meal. A total of 25 patient was provided therapeutic diet.





All of the patients enjoyed the meal and appreciated.



The patients gained information regarding the Fiber Rich Diet. The food was also evaluated by the Ward Incharge and Nursing Staff of Surgery Ward IV.